

# Youth Embroiderers News Fall 2020

I hope you all had a wonderful summer full of adventures and are happy to be back at your studies, whether at school or home.

Did you get some stitching done? Send me some photos and show me what you did. I'd love to see it. Find me at [youth@eac-acb.ca](mailto:youth@eac-acb.ca)

There's some new patterns, outlines and ideas for your embroidery. I had some fun reading through old youth newsletters from the 1990s and have included some items in this newsletter.



Don't forget to check out the Embroiderers' Association website [www.eac-acb.ca](http://www.eac-acb.ca). and if you register in MyEAC (it's under membership) you'll discover even more patterns and ideas. Just follow the steps to register.

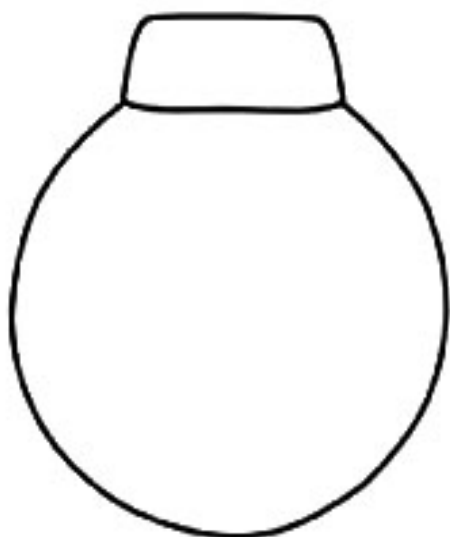
*Here's a poem for you to enjoy or maybe memorize. It includes the names of twelve common embroidery stitches.*

Wicked witches wear pretty britches  
Made from silk with fancy stitches  
Bullion, back stitch, crafty fishbone  
Scattered from the knee to hipbone  
With knots colonial all tight tied  
Enough to send you glassy-eyed  
Back stitch, hem stitch, lazy daisy  
Stitches meant to send you crazy  
Stem stitch, straight, fluffy feather  
All those stitches worked together  
Creation, pistil, chain for hitches  
Stitches for wicked witches' britches.

from Four Fires by Bryce Courtenay

Here's a helpful chart from an old embroidery publication. Good information never goes out of use and this one gives some ideas on what threads and needles to use for specific types of fabrics. And it also provides some ideas of how to transfer designs to your fabric.

FABRIC, THREAD AND NEEDLE CHART			
Fabrics	Threads	Needles	Method of Transferring Design
Organdie, voile, muslin, fine lawn, silk.	Stranded cotton (1 or 2 strands).	Crewel needle No. 9 or No. 8.	Place design underneath fabric and mark through with pencil or fine paint line.
Gingham, cotton, poplin, rayon, medium linen, fine woollens, felt.	Soft embroidery cotton.	Chenille needle No. 19 or No. 21. Primary needle No. 1 or No. 3.	For all these fabrics the design can be transferred by the use of a template, basted tissue paper, waxed carbon paper or by pricking and pouncing. In the case of a fabric with a definite print or weave, the design can be embroidered directly on to it as the pattern acts as a guide.
	Stranded cotton (2 or 3 strands). Coton-à-broder.	Crewel needle No. 8 or No. 7. Crewel needle No. 7.	
Heavy linen, crash, furnishing fabric, woollen fabric.	Soft embroidery cotton. Stranded cotton (4, 5 or 6 strands). Pearl cotton.	Chenille needle No. 19 or No. 21.	
Even weave linen, linen scrim.	Coton-à-broder. Stranded cotton (2, 3 or 4 strands). Pearl cotton.	Tapestry needle No. 24 or No. 22.	The design can be transferred by the use of a template, basted tissue paper or waxed carbon paper. It can also be embroidered directly on to the fabric by working from a squared chart.
Single canvas.	Crewel wool. Stranded cotton (4, 5 or 6 strands).	Tapestry needle No. 22.	Design transferred by placing tracing underneath and marking through with ink or paint line. Alternatively the design can be embroidered directly on to the fabric by working from a squared chart.
Double canvas.	Tapestry wool.	Tapestry needle No. 20.	



Design a Christmas ornament with these outlines or draw your own shapes. Be sure to send me a photo to share and I'll send along a new thread or two.



Autumn is a great time to gather leaves to use as an inspiration for your own leaf design embroidery. Many leaves are symmetrical, that is, identical in shape on both sides of the centre vein, but others, like oak leaves, are not and this



can be very interesting when making a design. Some leaves have sharp, serrated edges while other are smooth and rounded.

Take a walk and pick up some fallen leaves that are scattered about. Press them between some paper towel sheets under a heavy book. When they are dry you can save them for later designing. Look at their colours, examine the veins and shapes, arrange them in different ways, layer them, trace them, flip them over. Because there are so many shapes and sizes of leaves, you have many choices. When you find an arrangement you like, you can then trace it onto paper, or cut out leaf shapes and trace around them. Transfer your design onto fabric and decide how to embroider your design.

Maybe try needle painting it. This site will give you some information to get you started.  
<https://www.needlenthread.com/types-of-hand-embroidery/needlepainting>

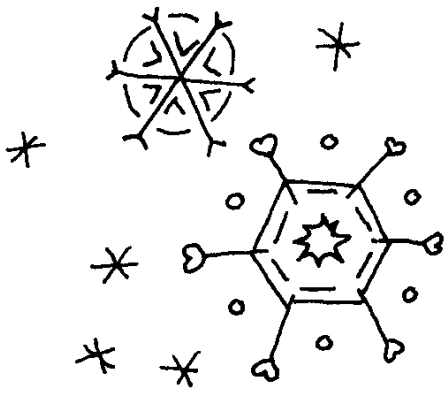
Trace the shape and fill it in with blackwork stitches. There are several on the Try a New Stitch page.

Or you might want to use some basic stitches and create a fantasy leaf.

Your leaf may be a simple outline or it could be very detailed, including some of the bug bites or tears.

I can't wait to see what you create!!





One of the adult groups is taking part in a program called Artist Trading Cards. Each person stitches a business card sized design and mail them to one person who then mails them out to a different person in the group. One of the group designed a canvaswork pattern for the group and she said I could share it with you. It's a bit of a challenge because it has many different stitches that have to be carefully counted but I'm certain some of you might enjoy trying it. There are many metallic threads in the list but use any colours and threads you choose. Christmas colours would make a great Christmas card or ornament.



The EAC National Seminar is in British Columbia in 2021. All the information is in the EC magazine you received. As a youth member, if you are 14 years old or older and have an adult to register with you, you are able to attend. There are lots of great workshops to check out and an opportunity to see so many new techniques.

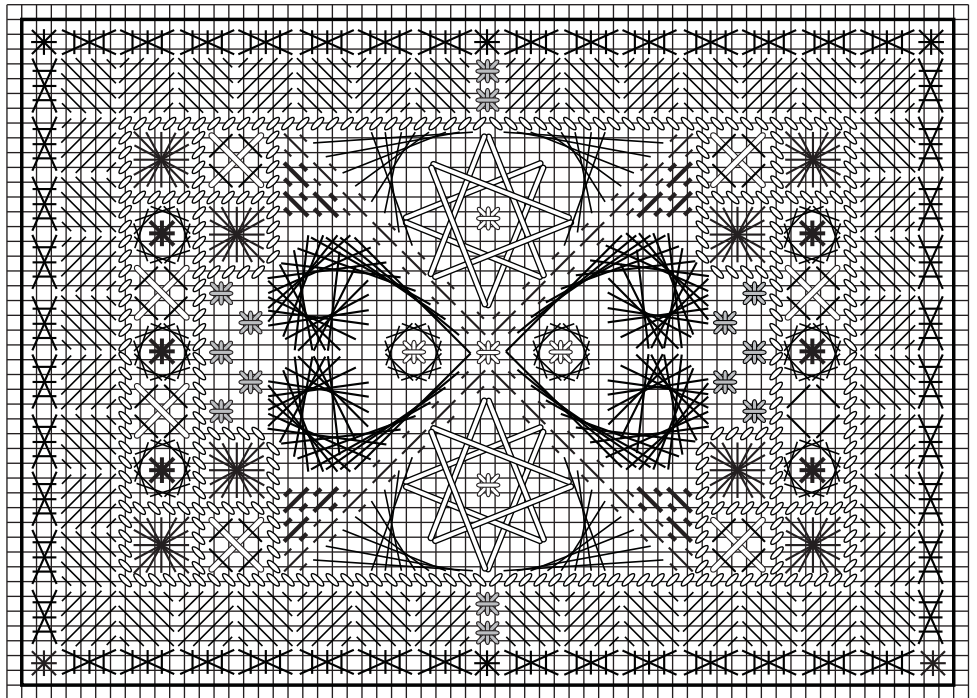
Use one of the fall or wintery drawings on this or other pages to create a picture, card or ornament. Have fun!!!



# Artist Trading Card

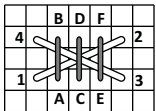
Canvaswork design by  
Cheryl Kienzle

**FABRIC:** Canvas, 18 threads per inch  
**COLOURS/THREADS:**  
Choose your own – have fun!



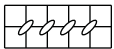
Each line on graph equals one canvas thread.

© Cheryl Kienzle 2020



## Elongated Cross with Tiedowns

Pearl Cotton (cross)  
#4 braid (071) (tie-down)



**Tent Stitch** pearl cotton



## Smyrna Cross

Pearl Cotton

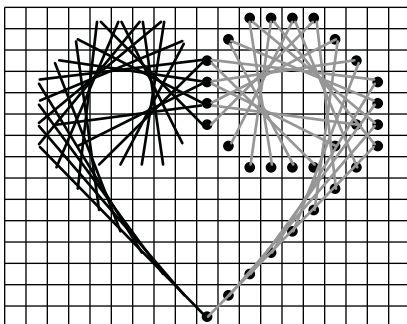
Crystal Braid

#8 Braid (4205)

Silk Serica

## Threads I used:

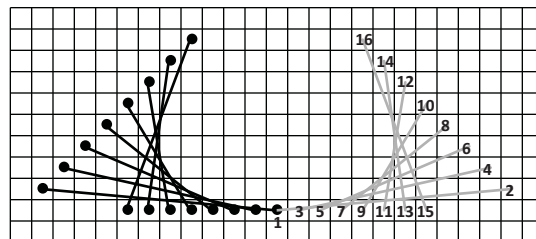
1. DMC #8 pearl cotton (762 vy. lt. Pearl Gray)
2. DMC Silk Serica 1203 (Lt. Victorian Rose)
3. #4 Kreinik braid (071 Misty Gold)
4. #8 Kreinik braid (071 Misty Gold)
5. #8 Kreinik braid (4205 Ironwood)
6. #8 Kreinik braid (021 Copper)
7. #8 Kreinik braid (021HL Copper high lustre)
8. Rainbow Gallery Crystal Braid (CR09 Vatican Gold Pearl)
9. Gloriana silk (086 Antique Gold Dk.)



**Amadeus Heart** #8 braid (021 copper)



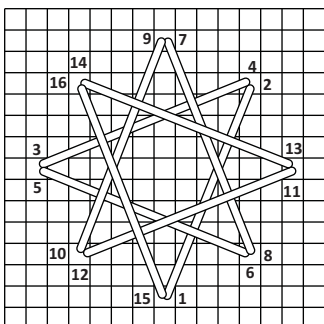
**Amadeus Stitch** #8 braid (071)



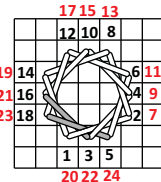
Gloriana silk

Crystal Braid

## Mosaic Stitch

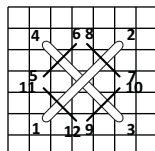


**Layered Star** RG Crystal Braid (CR09)



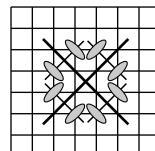
## Small Jessica

#8 braid (4205)  
(grey stitches  
slide under)



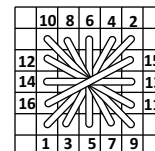
## Rice Stitch

#8 braid (4205)



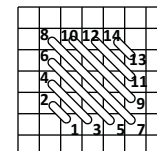
## Rice Stitch Variation

#8 braid (021HL) (optional)



## Rhodes

#8 braid (021HL)



## Alternating Scotch

Gloriana silk -  
3 strands

Original design for *Marigold Guild of Needlearts* newsletter, 2014.  
Revised 2020 for EAC-Virtual Threads. Not to be shared outside group  
without permission from author.

## CHRISTMAS STOCKING

You may use this stocking shape in a variety of ways. Be a designer, and create your own patterns to complete a Christmas Stocking in your favourite techniques. Here are a few ideas to get you started:

1. Trace the pattern on two pieces of felt and decorate them with free-form embroidery. Then stitch the two pieces together and add a loop at the left corner to hang the stocking.

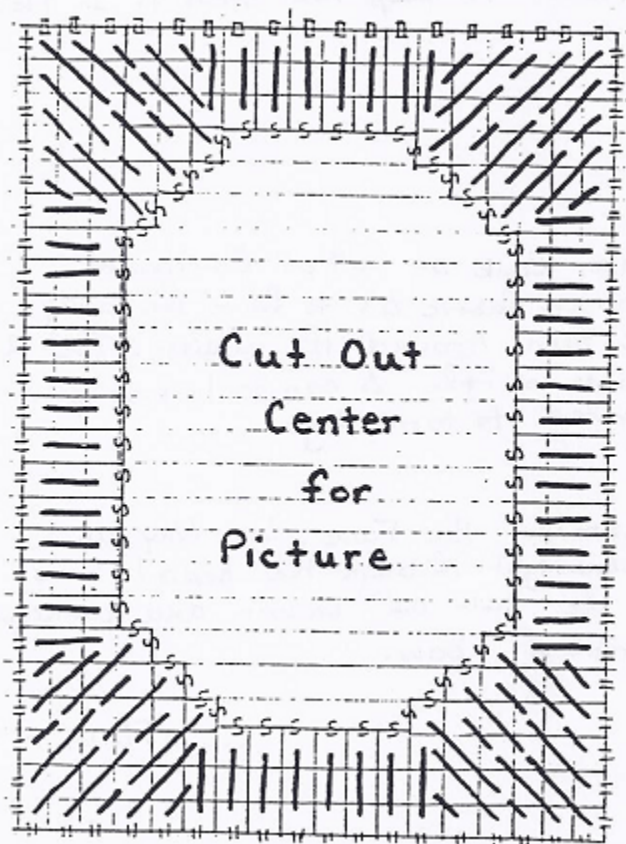
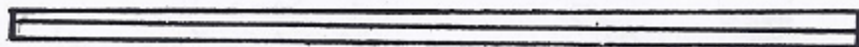
2. Place the stocking shape on a piece of folded cotton Christmas print and cut out through two layers with pinking shears. If you wish to make a cuff at the top, or patches at the toe and heel with a different color of cotton, cut them out and stitch them in place using a cross stitch, feather stitch, or other stitches of your choice. Fold and stitch down a tiny hem at the top edge of each piece. Use the sewing machine or a backstitch to stitch the two pieces together.

3. Trace the stocking shape on to canvas and fill in the shape with a bargello pattern using Christmas colors, or make the stocking a patchwork of different canvaswork patterns. You may make two canvas worked sides or back the stocking with a piece of fabric in a similar color.

4. Use any counted fabric for the stocking and decorate it with a variety of counted stitches, or small Christmas designs in cross stitch. Here is an opportunity to use some of the metallic threads to highlight your creation.

5. Perforated paper in colors or white could also be used for this stocking pattern. Decorate it with tiny beads and your favourite stitches. Use satin ribbon and couch over it with gold or silver as part of your design. The same ribbon could be used to make a loop for hanging the stocking.

Can you imagine other ideas for using this stocking shape?



## MAGNETIC PICTURE FRAME

Designed by: Sheila Horsman

Supplies: 7 mesh plastic canvas  
3 colors of wool  
tapestry needle  
scissors  
magnetic strip

Directions: Cut out 2 pieces of plastic canvas 19 x 25 ridges.  
Cut out the center on one piece of plastic canvas.  
Stitch long stitches using one color. —  
Overcast the inside edge in another color. S  
Overcast the top opening in a third color. O  
Use the same color to overcast the 2 pieces together. =  
Attach the magnetic strip to the back.  
Insert the picture at the top.  
Enjoy your handwork!



Did you puzzle out any of these answers? I didn't receive any answers in my email. Maybe next time?

The answer to Shades of Blue is Chinese.

The Colour answer is Spectrum.

### **Answers for Riddle me this**

Name a colour without a letter "E" in its name. Pink, mauve, ivory, gray, rust, gold  
What's a cat's favourite colour? Purrrr-ple

What's orange and sounds like a parrot? A carrot

What happened when a red ship crashed into a blue ship? The sailors were marooned

What happens when you throw a white hat into the Black Sea? It gets wet

What's green and smells like blue paint? Green paint

What do you do with a green monster? Wait for it to get ripe

Why are gold fish orange? The water rusts them

What did the green grape say to the purple grape? Breathe! Breathe!

### **Another bit of colour theory**

Hue is another word for colour.

Tinting a colour (or hue) means you are adding white to it. This gives you a greater range of a single colour, just getting paler as more white is added.

Shading means you are adding black to a colour. The base colour doesn't change, just how dark it appears.

If you add both black and white to a colour, that is called toning. You are making the colour paler but with a grey appearance.

With threads, you can experiment by using 6 strand embroidery floss. Strand it then put back 5 strands with a strand of black or white. Then try it with 4 strands and 2 strands of black or white. You'll discover that although the colour of the thread doesn't actually change, it appears different.

Experiment on your doodle cloth. Draw a bunch of circles and fill them in with Satin stitch so you can see what happens. Send me a photo of your colour experiment!

Janel, from Tangled Threads, has been keeping busy. She completed several projects from the newsletter - a Vagonite flower, a Christmas tree and the colour



*I think the colour wheel would be a great pin cushion. It would remind you of colours as you keep your needles and pins safe.*



*She has also finished another correspondence course, this time Surface Embroidery. Her final piece was a lovely butterfly. Congratulations, Janel. There is something a little extra something in with your newsletter. And your certificate is on the way.*



You can do a correspondence course too! See what's offered at <https://eac-acb.ca/youth-courses/>

Registration for the courses is only \$5.00 per course and all the materials you'll need are included in your kit.

Check it out!



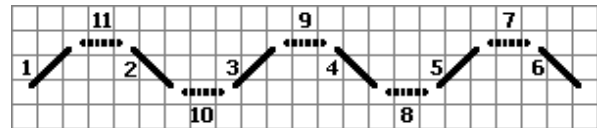
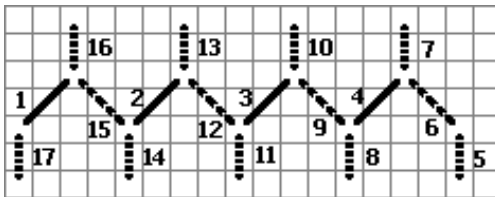
# TRY A NEW STITCH

## BLACKWORK

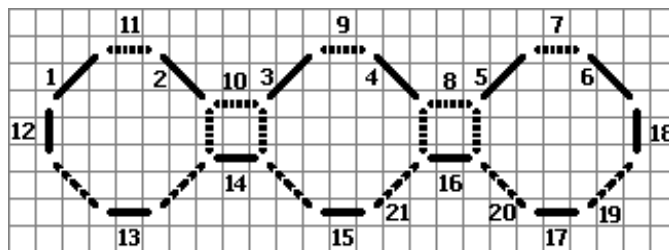
Here are 3 different blackwork patterns for you to try. Blackwork can be done using either backstitch or running stitch. Running stitch will make your piece reversible.

To do the running stitch, every second stitch is stitched first, and the missing stitches are completed on the way back. In the diagrams, come up in 1 and down in 2, up in 3 etc. This will complete the solid lines on the first trip, and the dashed lines on the return trip. If you are having difficulty, try highlighting every second stitch on the paper.

Use a waste knot (a knot away from your work) and afterwards weave the ends of your threads through the stitches on the back of your work. This will keep your work reversible.



[Grab your reader's attention with a great quote from the document or use this space to emphasize a key point. To place this text box anywhere on the page, just drag it.]



The small piece of fabric, it may be plastic or paper, can be used to create the design by Lois Caron.

You can use the threads included as a starter and add from your own stash. Be sure to include some sparkly metallic.

The larger piece of fabric, called Aida cloth, can be used to stitch the design by Glory Bee.

Be sure to send me photos of your finished pieces.

# Ornament Gift Tag

A Free Pattern from Lois Caron

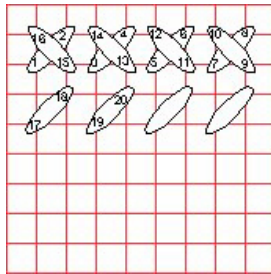


## MATERIALS

- 1 sheet 14 count plastic canvas perforated paper
- #20 tapestry needle
- 2 skeins of Snow ( a soft metallic thread form the the Caron Collection) or 1 skein Snow nd 1 skein of Watercolours

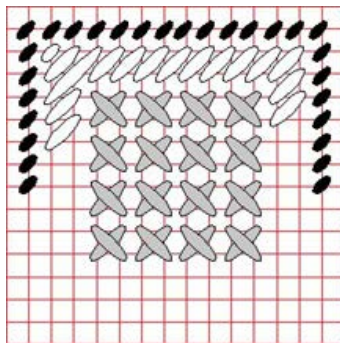
We used Snow N01, Gold and Snow N05, Fiesta Red and Watercolours 025, Holiday. Even after we completed four ornaments, we had plenty of thread left to do more.

[CLICK HERE FOR CHART](#)



1. With your first color, stitch 16 cross stitches in the center of your design.

Each line on the grid is equal to one plastic canvas thread.

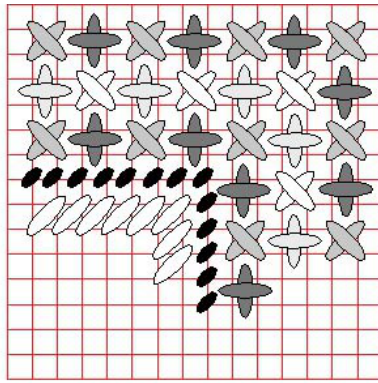


2. With the second color, stitch a border of diagonal satin stitches over two canvas threads all around the crossstitch center. You will need to adjust the stitches on opposite corners.

3. With either the first or second color, stitch a row of continental stitches over one thread all around (stitches are shown in black).Work from right to left and top to bottom just as you did with the satin stitches.

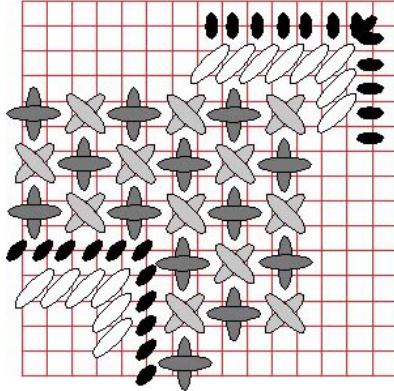
4. With the first color, work three rows of cross stitches over two threads all around the design.

Leave two canvas threads between each cross stitch. In the second row, the cross stitches should be placed over the blank spaces in the previous row.



It is easiest to see the proper placement of the cross stitches if you work the rows in squares, following the stitching you've already done.

5. With the second color, fill in the blank spaces with upright cross stitches. Be sure the top stitches always face in the same direction.



6. With the second color, stitch another row of diagonal satin stitches all around the design.

7. Cut all around the ornament, leaving one row of blank plastic canvas on all four sides.

8. Work one vertical stitch in each hole around the edges, except for the corners, where you should work three stitches.

## FINISHING

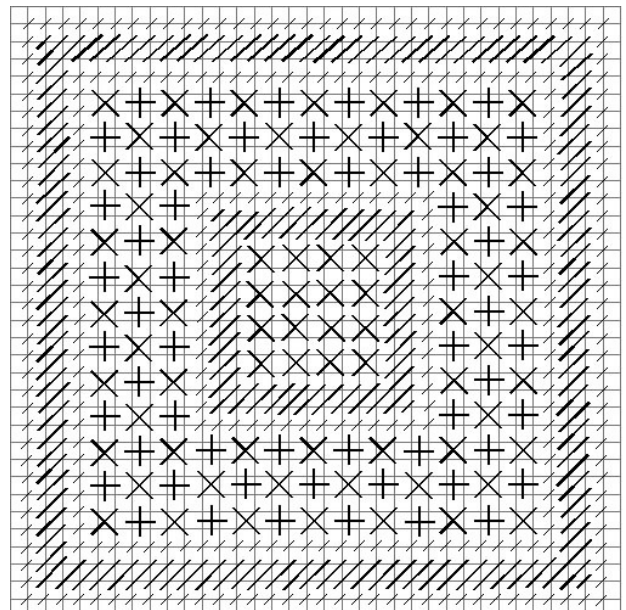
1. Using some of the leftover thread, attach a hangar from one corner or from the center of one side.
2. If desired, add beads or tassels on the bottom tip or edge.
3. You may cut out a piece of felt or construction paper the same size of the ornament and glue it to the back. If you're giving it as a gift, you may wish to sign and date it.

## OTHER IDEAS

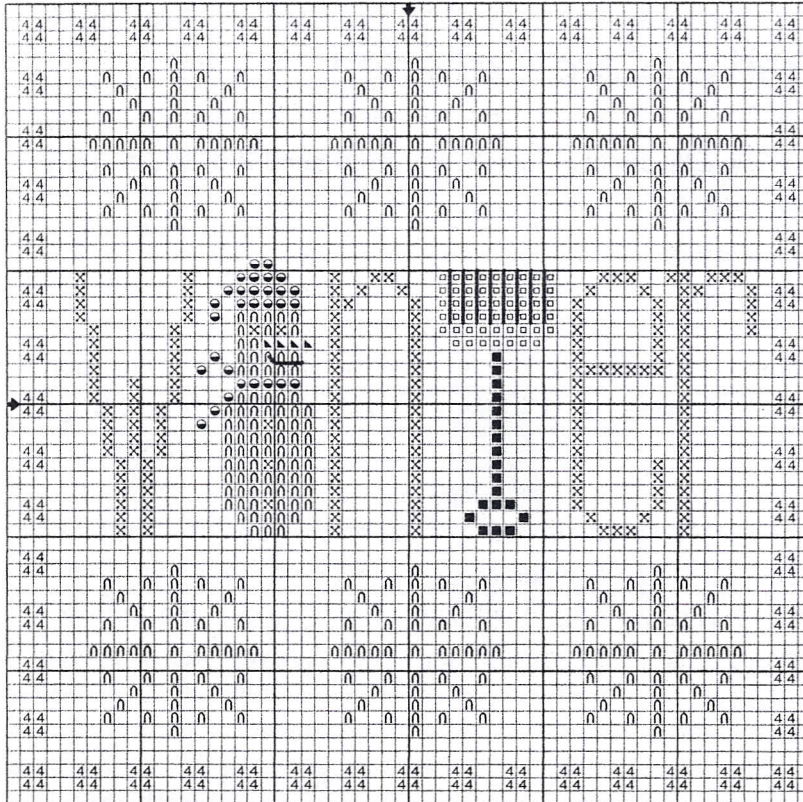
1. Use the ornament as a gift tag. The recipient can then use it as a tree ornament, also.
2. Use the design as a box insert.
3. Tack two opposite corners of the ornament together with a few hidden stitches. Depending on where you place the hangar, you can end up with two different shapes (See pictures of finished designs).

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 CARON email: mail@caron-net.com





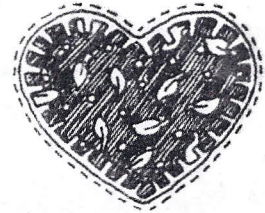


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Enjoy this Fun Design  
Compliments of



Glory Bee \*\*\* 49 Pine Road \*\*\* Ashby MA 01431  
Toll Free (877) 945-6792 \* Fax (978) 386-0031  
Email info@GloryBeeStitch.com



**Pattern Name:** Winter  
**Fabric:** Wichelt 14 count Williamsburg Blue #357-72  
**Design Size:** 58w X 58h  
**Total Stitches:** 849  
**Size:** 4 1/8 X 4 1/8 Design size on 14 count material

Symbol	Weeks Dye Works	DMC	Anchor
□	Tin Roof	644	830
■	Chestnut	898	360
4	Deep Sea	3750	1036
▲	Pumpkin	721	925
●	Garnet	498	1005
∩	Snowflake	3865	2
✕	Mascara	3371	382

Cross stitch and backstitch using two strands of floss for all. All backstitch is done using two strands of Mascara. The model was stitched on 14 ct fabric. If you prefer using linen or evenweave a 28 count material, it will work up the same size. Happy winter!

#### Product Sources

**Floss**  
Weeks Dye Works  
1510 Mechanical Blvd.  
Suite 103  
Garner NC 27529  
(877) 683-7393  
www.WeeksDyeWorks.com  
**Fabric:**  
Wichelt Imports Inc.  
N162 Hwy 35  
Stoddard WI 54658  
www.Wichelt.com  
14 Count Williamsburg Blue  
(#357-72)

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\*\*\*See our full line on the web at [www.GloryBeeStitch.com](http://www.GloryBeeStitch.com)\*\*\*



## Do You Know Your DMC Floss?

Match the DMC Floss Number with the Colour

DMC Floss Number	Colour Name	Answer
351	<b>Pumpkin*</b>	<b>971 * sample question &amp; answer</b>
310	Lemon	307
321	Avocado	469
469	Topaz	725
3865	Baby Blue	3755
740	Coral	351
725	Black	310
3687	Brown	898
3755	Plum	915
336	Cranberry	603
603	Turquoise	597
307	Terra Cotta	3830
597	Navy	336
3830	Christmas Red	321
<b>971*</b>	Christmas Green	700
700	Pewter	413
921	Baby Pink	818
898	Mauve	3687
915	Tangerine	740
818	Winter White	3865
413	Copper	921

# Membership Renewal Form

\$15 in Canada (\$20 international)

**Note:** local chapters may have extra fees to cover supplies and related materials

Make cheque out to "EAC" and send with this form

to:

Elizabeth Fewer  
468 Newfoundland Drive  
St. John's, NL A1V 2C5

## EAC MEMBERSHIP EXPIRY DATES

If you would like to continue receiving the newsletter, goodies, access to affordable correspondence courses, EAC exhibitions, Eleanor Thomas Youth Bursary, prizes, PLUS much more—please don't let your membership expire.

### Fees Received in:

June, July, August  
September, October, November  
December, January, February  
March, April, May

### Expiry Date:

August 1<sup>st</sup>  
November 1<sup>st</sup>  
February 1<sup>st</sup>  
May 1<sup>st</sup>

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone (     ) \_\_\_\_\_

Birth date \_\_\_\_\_

(mm/dd/yyyy)

Chapter \_\_\_\_\_

YE

Number \_\_\_\_\_

or

YN

Number \_\_\_\_\_

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# Correspondence Courses Application Form

Date: \_\_\_\_\_

I wish to take a Youth Embroiderers' Correspondence Course (check box). See pictures on page 11, or visit the Youth Pages under [www.eac.ca](http://www.eac.ca) to see the descriptions.

- SURFACE STITCHERY
- RIBBON EMBROIDERY
- COUNTED CROSS STITCH
- HARDANGER STUDY ONE

Send this form and fee (\$5 for each course) by cheque or money order payable to EAC.

Mail to: Elizabeth Fewer  
468 Newfoundland Drive  
St. John's, NL A1V 2C5

My Name \_\_\_\_\_

Membership # \_\_\_\_\_

Address \_\_\_\_\_

Phone (     ) \_\_\_\_\_

I understand that I have **4 months** from the date of receipt of the course in which to complete it. I agree to complete the course to the best of my ability.

My Signature \_\_\_\_\_

Chapter Leader or Parent's  
Signature \_\_\_\_\_