

Youth Embroiderers' News



Starfish Stitchers display for Stitch In Public Day
Photo by Rachel Anstey

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Hello to all you amazing youth embroiderers,

Welcome to a new year of creativity with needle and threads.

This is my first newsletter as the new national youth coordinator so I'll tell you a little bit about myself. I started embroidering and sewing when I was about 6 years old. My aunt was tired of listening to me and my 5 & 7 year old cousins arguing, so she got out some needles, threads and fabric and taught us to embroider. She was very brave giving needles to arguing children but since then I have always loved embroidering and always have something with me everyday at work or when I'm travelling or waiting.

I hope being in youth embroiderers helps you find something special in embroidery and that you keep stitching throughout your life. There may be some gaps when you get busy with school and friends but just tuck your supplies into a box and lay it somewhere safe. It will be waiting for you when you are ready to try again.

This newsletter includes puzzles and riddles, patterns for you to try, and some fabric and threads to use in creating your own Halloween pumpkin and other projects.

One pattern is courtesy of a thread company called Caron Threads. It's called Autumn Foliage. It is one of a set of four patterns, one for each season. The next newsletter will include the Winter pattern and some ideas for finishing them into ornaments.

I'd like to see photographs of the projects you have created with your needle and threads and some stories, puzzles or riddles you would like to share.

You can send them to me at youth@eac-acb.ca I'll send an extra stitching treat with your next newsletter.

I've also included a little photograph challenge. Check it out!

Elizabeth Fewer

Eleanor Thomas Youth Bursary

The deadline for the Eleanor Thomas Youth Bursary is October 31st. And that's now very close.

Now that you know the deadline, just what is the Eleanor Thomas Youth Bursary? This is a program developed for EAC Youth Embroiderers which allows them to get financial assistance to take a correspondence course in embroidery, purchase an embroidery-related book for their library, attend an embroidery workshop or the annual EAC Seminar.

To apply for the Bursary, you must be a member in good standing with EAC, aged 9-21 years (for the Seminar Sponsorship, aged 14-21 years) and be a Chapter or National member. You may request the Bursary for more than one component at a time and may receive the Bursary more than once. You may also apply for the Bursary as reimbursement of a completed component, with receipts. You are also required to abide by the requirements pertaining to the particular component.

The four components to the Bursary are:

1. **Correspondence Courses** - may be used to cover the course fees only, for any Youth Member or Youth Chapter to take a Youth Embroiderers' Correspondence Course or an EAC Group Correspondence Course.
2. **Book Purchases** - may be used to purchase embroidery related books for a Youth Chapter or a Youth Member.
3. **Workshops** - may be used by a Youth Chapter or Youth Member to attend an EAC or Guild workshop.
4. **Seminar Sponsorship** - to be used by a Youth Embroiderer (between the ages of 14-21) to attend the annual national EAC Seminar. The money will be used to offset the cost of the course(s), kit(s) and accommodation fees.

For the requirements for each component and the application forms, go to the Youth webpages or contact me at youth@eac.ca. I hope to receive your applications by October 31st.

Forms are available on-line at <https://eac-acb.ca/youth-resources/>

While you are checking out the Award applications check out the new website for EAC. There are ideas, past newsletters, Seminar 2020, stitch diagrams, other things that might interest.

*Seminar 2020 Rhythm of the Needle May 20-25, 2020,
Halifax, Nova Scotia*

Check out Seminar 2020 on-line <https://eac-acb.ca/seminar2020/> or in the EAC magazine you received. Youth members aged 14-21 are eligible to attend.

The stitching supplies included with this newsletter include orange and black perle cotton for a Halloween pumpkin. Use one of the outlines included or make up your own. Stitch it on any fabric or clothing you choose.

The fabric can be used to stitch the Autumn Foliage design or any other counted thread design. You can start with the multi-coloured thread included and add threads from your own stash.

The multi-coloured thread is called Caron Watercolours and made by the company that created the Autumn Foliage design. Thread with many different colours in one thread is called space dyed. Any type of thread can be spaced dyed. This particular one is three strands twisted together and is separated into three individual strands for stitching.

There will be more designs coming by the same designer, one for each season.

To find the centre of your fabric:

Fold your fabric in half and pinch tightly with your fingers to make a little crease near the centre of the fold. You can also mark it with a pin or piece of thread or a wash out pen.

Fold the fabric in half in the other direction. Where the perpendicular lines meet is the centre of your fabric. Thread your needle and mark this spot with a thread until you are ready to stitch so you don't lose track of the spot. Once you have started stitching, you can take out that thread.

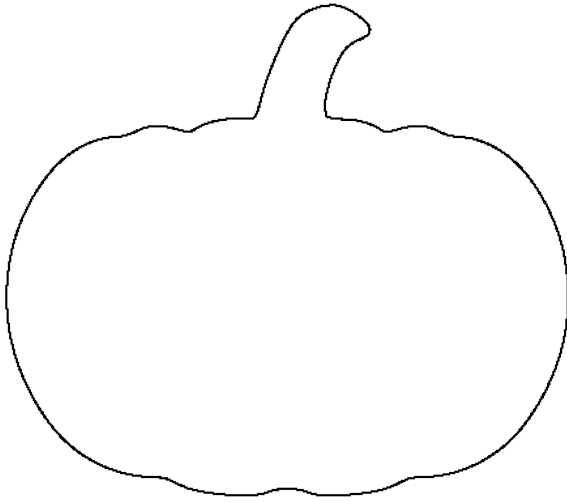
Remember:

DON'T USE permanent markers or pens when you are marking on your fabric. You won't be able to wash out the mark. Try using a special pen called a quilter's wash out pen. Or even a very fine Crayola washable marker in the colours of thread you plan to stitch with. Test any marks on a scrap or the very edge of your fabric to be sure it will wash away with water.

Q: Why was the baby ghost sad?

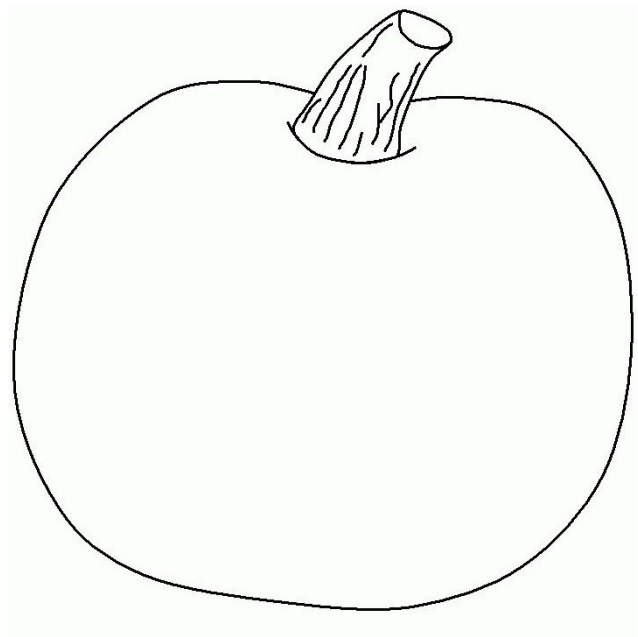
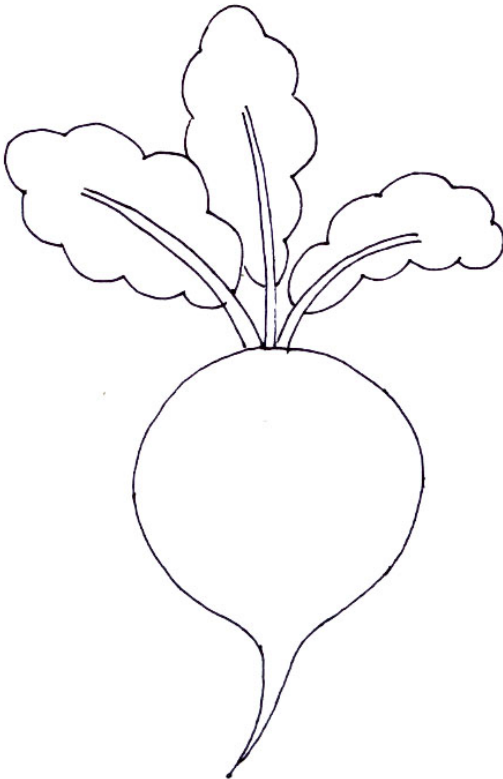
Stitch a pumpkin or turnip.
Make it as large or small as
you like. Do a whole pumpkin
patch if you like. Orange
thread is included with the
newsletter.

Send me a photo and I'll add
something extra to your next
newsletter.



DID YOU KNOW...

The first Jack-o-lanterns were
carved from turnips?



Riddle me this: Do you know how to make a witch itch?

It's a puzzle to me:

I'm thin but I'm not a piece of wire
I'm sharp but I'm not a pencil
I'm made of metal but I'm not a nail
I have an eye but I can't see



Send me the answer to any of the
riddles or puzzles in the newsletter
and I'll add extra threads or fabric to
your next newsletter



Favourite Fall Activity

10 letters: _____

T	H	A	N	M	U	T	U	A
M	I	G	R	A	T	I	O	N
N	L	O	O	H	C	S	E	O
T	U	R	K	E	Y	E	C	V
S	E	F	K	S	W	T	R	E
E	L	A	C	O	O	L	I	M
V	P	E	L	B	G	I	S	B
R	P	L	E	V	I	N	P	E
A	A	R	U	O	L	O	C	R
H	P	U	M	P	K	I	N	G

APPLE

LEAF

AUTUMN

MIGRATION

COLOUR

NOVEMBER

COOL

OCTOBER

CRISP

PUMPKIN

HALLOWEEN

SCHOOL

HARVEST

TURKEY

Stitch Scramble

Unscramble the stitch names.

Puzzle # 1

LFY					Y					
SCOSR					O					
NNINRUG					U					
LSIPT					T					
HNCIA					H					

Puzzle # 2

AKBC					C					
ERAHFET					H					
LOARC					A					
NSIAT					I					
BNAEKTL					N					

Puzzle # 3

LYF					F					
SAINT					I					
MEST					S					
HNC AI					H					
BEACL					B					
PORE					O					
NERF					N					
ESED					E					

Autumn Foliage

MATERIALS

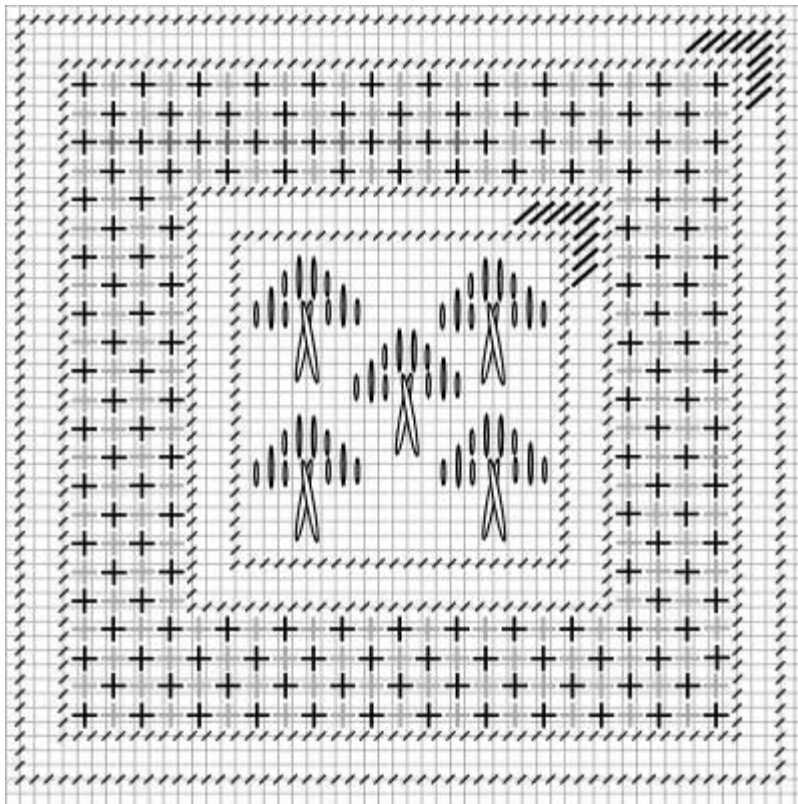
8x8" 18 or 19 count canvas or evenweave fabric

8" x 8" 18 or 19 count evenweave fabric and four colours of Watercolours.

Separate the strands and stitch with only one ply.

#20 tapestry needle

Watercolours 065, Emerald for the needlepoint lines and the satin stitch filling of the inner border, Watercolours 184, Sheherezade for the "foliage" and the satin stitch filling of the outer border, Watercolours 195, Paprika for the trunks of the trees. We've added 186, Papaya in the main border. See the sidebar for color distribution in the upright cross stitch border. The design can be completed successfully with only two colors. To prevent distortion, mount the canvas or fabric on a frame.



Upright Cross Stitch Borders

Treat the border as four square rows.

Outer row (Row 1): alternate 184, Sheherezade (black crosses) with 195, Paprika (gray crosses)

Row 2: alternate 184, Sheherezade (gray crosses this time) with 186, Papaya (black crosses).

Finished size of design on 18 count is 3" x 3".

NOTE: One line on the grid represents one thread of the fabric. Cross stitches and satin stitches are over two threads. Each needlepoint stitch is over one thread.

Only a portion of the Satin Stitch borders is charted. Keep the stitches slanted the same direction all around the design.

Row 3: alternate 186, Papaya (black) with 195, Papaya (gray).

Inner row (Row 4) alternate 186, Papaya (black) with 065, Emerald (gray).

Optional: Fill in empty spaces (indicated by white crosses in diagram below) with upright crosses or French knots in a fine thread such as Wildflowers or Waterlilies. Or, add tiny seed beads.



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CARON email: mail@caron-net.com



Youth Correspondence Courses

Each course costs \$5.00 and includes materials, patterns and written instructions. The student has 4 months to complete the course. The finished piece is sent to an EAC Counsellor for evaluation and a Certificate of Completion will be included when the piece and evaluation are returned to the student. If you are interested in any of the courses, complete and submit the Youth Correspondence Course Application Form which you can get from your local Youth Leader, EAC Youth Director or the EAC Website.



Surface Stitchery

designed by Dorita Grant

Learn the different stitches in Surface Stitchery. Student can choose to make a clown (pictured), an angel, a butterfly or a heart.

Ribbon Embroidery

designed by Barbara Gilbert

Learn this beautiful technique using silk ribbons. Student has a choice of making a heart or initial with stitched flowers.



Counted Thread

designed by Deanna Bertelsen

Stitch a bookmark with your initial using cross stitches, smyma crosses and backstitches.

Hanlanger Study One

Treasure Pocket I

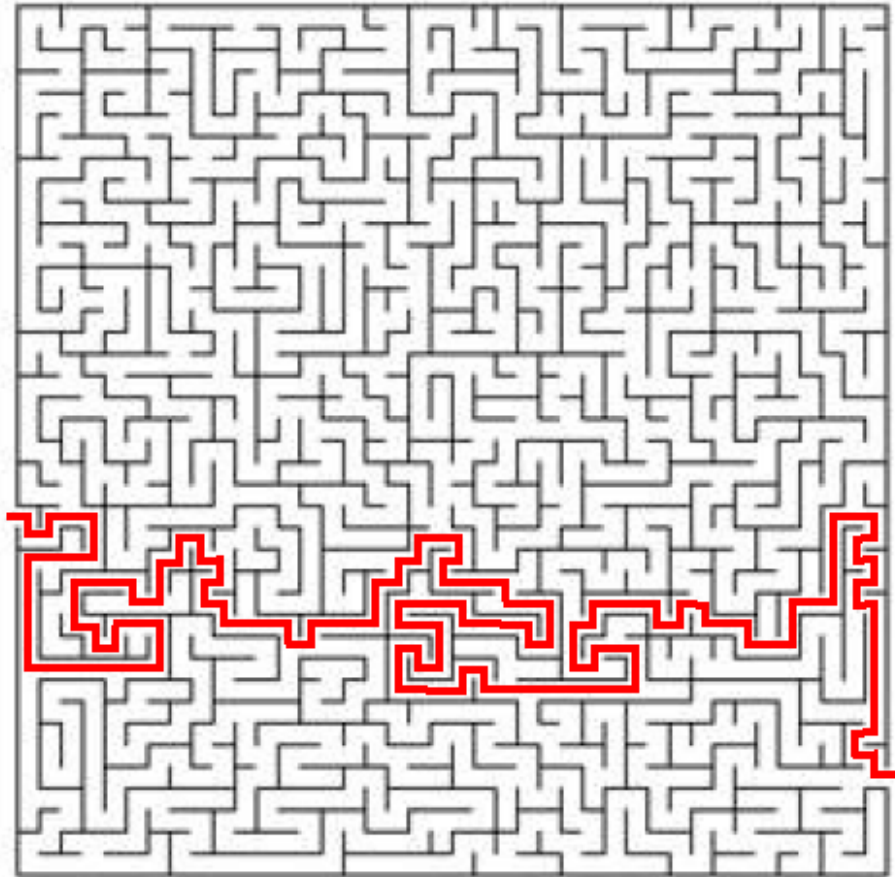
designed by Carolyn Mitchell

A treasure pocket is like a little purse and is perfect for wearing around your neck. You can put all kinds of treasures in it, for example, a key for your locket, money, notes, a stick of gum or even a neat stone.



Riddle me this: What question can you never answer “yes” to?

Answers to last newsletter's maze and riddles.



What's the world's weakest animal?

A toad, she croaks if you even touch her!

What's worse than a giraffe with a sore throat?

A Diplodocus with a sore throat!

What do you call a fossil that doesn't ever want to work?

Lazy bones!

Where do cows go for partying?

To the MOOVies!

Why don't dinosaurs ever forget?

Because no one ever tells them anything!

What is a frog's favourite exercise?

Jumping Jacks!

What does a frog say when it washes a window?

Rub it, rub it, rub it!



Q: Why are vampires tough to get along with?



Where do you stitch??

National Stitch in Public Day was held on Sunday, 29 September.

The Starfish Youth Stitchers held their meeting on the 28th and stitched in the public reference area of the St. John's Public Library.

Did you or your group take part in Stitch in Public? Let me know because it's fun to let others know about embroidery and share our talents. Send me a paragraph maybe a photo of how you share your stitching talent or your favourite stitching spot. Is it the cozy corner of your rec room? Or at the kitchen table? Or on the patio during the summer?

Check with your parents first though to be sure you are allowed to share a photo for the newsletter or website. You should also let them know that rules mean we don't use photos that show faces. So just show your favourite spot with your embroidery project waiting for you.



Starfish Stitchers project on Stitch in Public Day
Photo by Rachel Anstey



Where do you stitch?
Me stitching at Middle Cove Beach, NL
Photo by James Fewer

Is it time to renew?

If this is your last issue, a notice will be on the front page of your newsletter. Send in your renewal of \$15 to continue your membership.

You will continue to receive the Youth Embroiderers' News, goodies, access to affordable correspondence courses, EAC exhibitions, Eleanor Thomas Youth Award, Leonida Leatherdale Library, prizes, PLUS much more - so, please don't let your membership expire.

Send in your renewal information and a cheque for 15.00 to the Youth Appointee

*Elizabeth Fewer, Youth Appointee
468 Newfoundland Drive
St. John's, NL
A1A 4E3*

Email: youth@eac-acb.ca

Or pay on-line using the EAC secure site <https://eac-acb.ca/membership/>

Give me to a friend

EAC Youth Embroiderers

Furthering interest and developing skills in the Art of Embroidery among the youth of Canada

Are you 9—21 years



Do you enjoy art?

Do you want to learn



**If the answer is 'YES',
join the EAC Youth Embroiderers today!**



Sample projects



Embroiderers' Association of Canada, Inc.

Membership Goodies

- ❖ Receive a youth newsletter four times a year with patterns, samples, puzzles, etc.
- ❖ Have your very own NEEDLEWORK NOTEBOOK and collect stitching information
- ❖ Youth and EAC Group Correspondence Courses
- ❖ Attend and exhibit your work at EAC Seminars
- ❖ attend Youth Embroiderers' Chapter Meetings (if one is in your area). learn new techniques, have fun and meet new stitching friends
- ❖ Membership fees are \$15 per year in Canada and \$20 per year outside Canada



Want to join?

Send the following information with your annual fee. Pay online at www.eac.ca or make cheques payable to THE EMBROIDERERS' ASSOCIATION OF CANADA or EAC and mail to

Elizabeth Fewer
468 Newfoundland Drive
St. John's, NL A1A 4E3



Name _____

Address _____

Phone _____

E-mail _____

Birth date _____

How did you hear about us?

Friend? *Brochure?* *Internet?*

Other? _____

Contact the person below for information about the local Youth Embroiderers' chapter in your area.

Leader _____ Phone _____ Meeting Times _____

Meeting Place _____ Meeting Dates _____



Youth Embroiderers are members of the Embroiderers' Association of Canada, Inc.

The EMBROIDERERS' ASSOCIATION OF CANADA, INC. is a non-profit, charitable organization founded in 1973 with chapters from coast to coast.