



Embroiderers' Association of Canada, Inc.
Association canadienne de broderie, Inc.

KNOT GARDEN – EAC/ACB-OWNED PROJECT

INTERMEDIATE/ADVANCED - CANVASWORK

by Janice Routley

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This canvaswork design brings historic knot garden symmetry to life through a thoughtful blend of textured stitches, pulled-thread techniques, and inviting colourways. Each quadrant offers its own rhythm and personality, ready to be stitched as a standalone piece or combined into a single, striking composition. Inspiration images are included to spark ideas for adapting motifs, colours, and textures, giving you the freedom to shape your garden as you wish. A graceful balance of structure and creativity, this project invites your needle to wander through pathways as intricate and satisfying as the gardens that inspired it.

Project Details

Techniques: canvaswork & pulled thread

Stitches Used: turkey stitch, French knot, bullion knot, Amadeus star stitch, Rhodes, basketweave, Scotch stitch, cross stitch, trellis work, Smyrna stitch, jacquard stitch, eyelets, Hungarian stitch, walneto, sprat's head, and more!

Supplies Needed:

- 43 cm x 43 cm (17" x 17") stretcher bars and tacks
- 43 cm x 43 cm (17" x 17") #18 mono canvas
- #20 to #26 tapestry needles
- laying tool
- embroidery scissors
- masking tape
- a variety of threads* such as pearl cotton #5 & #8, Caron Watercolours, Waterlilies, Vineyard Silks, Gloriana, metallic braids #8 or #12, 1/16th inch ribbon, stranded cotton floss, ThreadworX, etc.

*** You are encouraged to use threads from your own stash and let your creativity roam free! But should you prefer to stick with the designer's picks, a full list of threads is provided in the instructions**



Reimagine the charm of a 16th-century knot garden in thread

About the Artist

Janice Routley, an embroidery designer and teacher from Regina, Saskatchewan, has been captivated by needle and thread since her teens, when a family trip to Europe introduced her to the delicate art of Petit Point. A devoted member of the Regina Stitchery Guild, she brings both talent and passion to her work, mastering a wide range of techniques, including goldwork, whitework and counted thread embroidery.

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