



Embroiderers' Association of Canada, Inc.
Association canadienne de broderie, Inc.

GOLD ARBOUR – EAC/ACB-OWNED PROJECT

INTERMEDIATE - GOLDWORK

by Janice Routley

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Step into a garden of gilded stitches with *Gold Arbour*, a shimmering embroidery project inspired by a Regency-era reticule from the EAC/ACB Heritage Collection. This elegant adaptation invites you to reimagine a timeless accessory while deepening your mastery of goldwork techniques.

Along the way, you'll learn to prepare your fabrics, transfer your pattern using the 'trace and tack' method, and couch Japanese gold with subtle shading to bring depth and dimension. You'll also explore the art of covering padding with kid leather, and discover the expressive sparkle of spangles and purl. Each step offers alternatives and finishing suggestions, encouraging you to shape a piece that reflects your own creative voice—while honouring the traditions that inspired it.

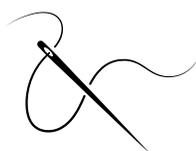
Project Details

Technique: Goldwork (metal thread embroidery)

Stitches Used: Couching, brick stitch, cutwork, padding, leather appliqué, Italian shading

Supplies Needed:

- stretcher bars 25cm x 30cm (10" X 12") and tacks
- cotton backing fabric 30cm x 36cm (12" x 14")
- lightweight ground fabric (eg: silk) 30cm x 36cm (12" x 14") in your choice of colour (x2 to finish the piece as a purse)
- yellow felt 5cm square (2" sq.)
- gold kid 2cm square (3/4" sq.)
- #5 Japanese gold (silver) 3 skeins
- couching thread in gold
- green silk or cotton floss for Italian shading
- neutral shade of sewing thread
- needles: #10 sharp, #24 chenille
- gilt smooth purl, rough purl, check purl approx. 150cm (60") in total
- gilt jaceron or pearl purl approx. 75cm (30")
- gilt rococo approx. 75cm (30")
- gilt spangles 6mm (1/4")
- 2.5mm gold cord (optional)
- beeswax
- embroidery scissors
- small scissors to cut metal threads



Historic elegance meets shimmering goldwork

About the Artist

Janice Routley, an embroidery designer and teacher from Regina, Saskatchewan, has been captivated by needle and thread since her teens, when a family trip to Europe introduced her to the delicate art of Petit Point. A devoted member of the Regina Stitchery Guild, she brings both talent and passion to her work, mastering a wide range of techniques, including goldwork, whitework and counted thread embroidery.

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