

CONTOURS – EAC/ACB-OWNED PROJECT

INTERMEDIATE - GOLDWORK & MIXED-MEDIA

by Janice Routley

Embroiderers' Association of Canada, Inc. / Association canadienne de broderie, Inc.

Bold, bright, and a little bit mischievous, this project invites you to explore the sparkle of Japan gold thread and the tactile joy of French Knots. Trapunto stuffing lifts the curves just enough to make the silhouettes come alive. Quick to stitch and full of personality, it's a delightful dip into goldwork and mixed-media embroidery.

Project Details

Technique: goldwork (metal thread embroidery) and mixed-media

Stitches Used: running stitch, backstitch, couching, French knot

Supplies Needed:

- 20cm x 20cm (8" x 8") stretcher bars and tacks
- 20cm x 20cm (8" x 8") cream ultra suede (faux suede)
- two 20cm x 20cm (8" x 8") pieces of white or cream tightly woven cotton fabric, such as muslin or broadcloth
- stranded cotton floss in dark, medium and light tones of the colour of your choice
- #5 or #7 Japanese gold thread
- gold couching thread
- beeswax
- #7 or #8 sharp needle
- #20 chenille needle
- 20cm x 20cm (8" x 8") quilt batting
- fibre fill
- cream or white sewing thread
- embroidery scissors
- stranded cotton floss in skin tones (optional)
- 13cm x 18cm (5" x 7") mat board or foam core for mounting the finished piece



A cheeky project that turns simple curves into a sparkling study in form

About the Artist

Janice Routley, an embroidery designer and teacher from Regina, Saskatchewan, has been captivated by needle and thread since her teens, when a family trip to Europe introduced her to the delicate art of Petit Point. A devoted member of the Regina Stitchery Guild, she brings both talent and passion to her work, mastering a wide range of techniques, including goldwork, whitework and counted thread embroidery.

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