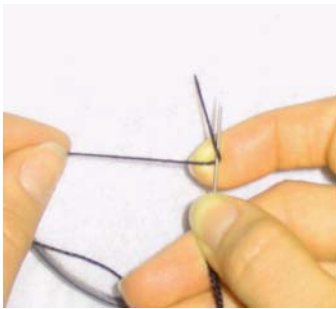


# TRY A NEW STITCH

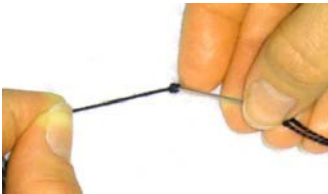
## Colonial Knot

The Colonial Knot is almost like a French Knot, only a little denser. I like using Colonial knots better than French knots. How about you?



Bring your needle up through the fabric where the knot will be. Hold your thread between your index finger and thumb with your left hand and wrap the thread around the needle. Use your index finger on your right hand to hold the thread in place.

With your left hand, wrap the thread around the needle again. Move your needle back towards the point where you brought your needle up.



Start to put your needle down in the hole where you brought it up. Gently pull the thread with your left hand forming the knot. Draw the needle through the back, and bring it up in place for the next knot.