

Youth Embroiderers News Summer 2020



Welcome to Summer!!

Most of you summer started early because school was closed.. It's certain you kept on with schoolwork but I hope you kept up with embroidery too!

I know Ceilidh of Tangled Threads did. Congratulations on completing your Silk Ribbon Correspondence course. Check out her photos inside.

There are several designs in this newsletter. One is a very important reminder and the other will remind you of colour theory, especially when changing thread colours in a found design or picking your own colours for a special design. Threads and fabric are included for the colour wheel so have fun and maybe do some reading about colour theory and colour wheels. And be sure to try adding colour to your designs.

In the Fall, you will receive a copy of the Embroiderer's Association magazine. There will be a button sampler design that I think you will enjoy stitching. A large piece of fabric called Jobelan is included. Save it so you can try the sampler. It should be fun.

I've included some of the stitches in the Try a New Stitch section so you can get a head start using your doodle cloth. Many stitches are the same on even-weave or non-even weave fabric. The even-weave just means your stitches will look more even and you'll have to count holes.

Did you try the puzzles? Did you invent a virus for the "Virus Challenge? What did you think of Vagonite? Do you have any ideas for the next newsletter? I didn't get many photos or ideas for this issue. I'm certainly hoping for more for the Fall issue.

Send your photos, answers, ideas and jokes to me youth@eac-acb.ca

Elizabeth Fewer

Colour Theory

8 letters remaining: _____

Y	R	A	M	I	R	P
R	Y	N	R	E	D	S
A	O	E	E	U	L	B
D	R	T	L	E	P	E
N	A	C	N	L	R	T
O	N	R	U	I	O	G
C	G	H	U	E	T	W
E	E	L	P	R	U	P
S	M	E	D	A	H	S

BLUE	RED
GREEN	SECONDARY
HUE	SHADE
ORANGE	TINT
PRIMARY	YELLOW
PURPLE	

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On the web

<https://www.needlenthread.com> This website is maintained by an avid stitcher and teacher, Mary Corbet, who provides excellent tips, ideas, stitch videos, patterns and other information about all types of embroidery.

In colour theory, colours are organized using a colour wheel. On the most common colour wheel, the colours organize colours into 3 categories: primary colors, secondary colors and tertiary colors.

The three **primary** colors are **Red**, **Yellow** and **Blue**.

Secondary colours are created by mixing two of the primary colours. Red+Blue = **Violet**; Blue + Yellow = **Green** and Yellow + Red = **Orange**.

These can be combined into **tertiary** colors, colors made which are the colours created by combining a primary and a secondary colour. Blue + Green = **Blue-green**; Yellow + Green = **Yellow-green**; Yellow + Orange = **Yellow-Orange**; Blue + Violet = **Blue-violet**; Red + Violet = **Red-violet** and Red + Orange = **Red-orange**.

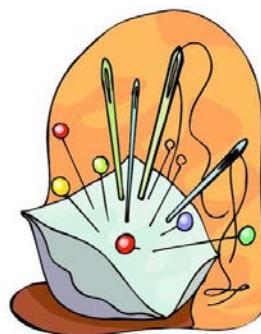
If you draw a line through the centre of the wheel, starting between Violet and Red and ending between Yellow and Green, you've divided the colour wheel into warm colours and cold colours. Warm colours, from red to yellow, are energizing colours and make you think of summer, fire, sunshine or even anger. Cold colours, from green to violet, are more calming or relaxing and can make you think of winter, quiet, or even help you relax and fall asleep.

You can adjust colours by adding white (tinting), adding black (shading) or adding grey (toning). These types of adjustments don't change the colour or "hue", just how intense it.

There is more to learn about colour theory. It can be very important when choosing colours for your embroidery. Do you think the choice of colours in the pictures below make the pictures "feel" different? Next newsletter I'll talk some more about it.



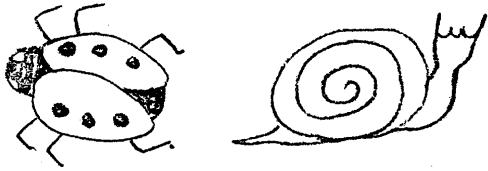
Primary colours with a secondary colour in the background



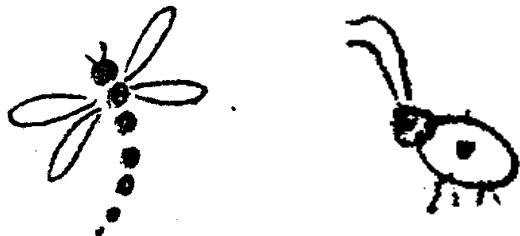
Secondary colours with some dots of primary colours



Balls of yarn in tertiary colours and a tinted primary colour plus brown



Don't be bugged by bugs this summer.



A Summer challenge

Design your own flip-flops

Use a photocopier to enlarge or reduce the picture or use your own flipflop design.

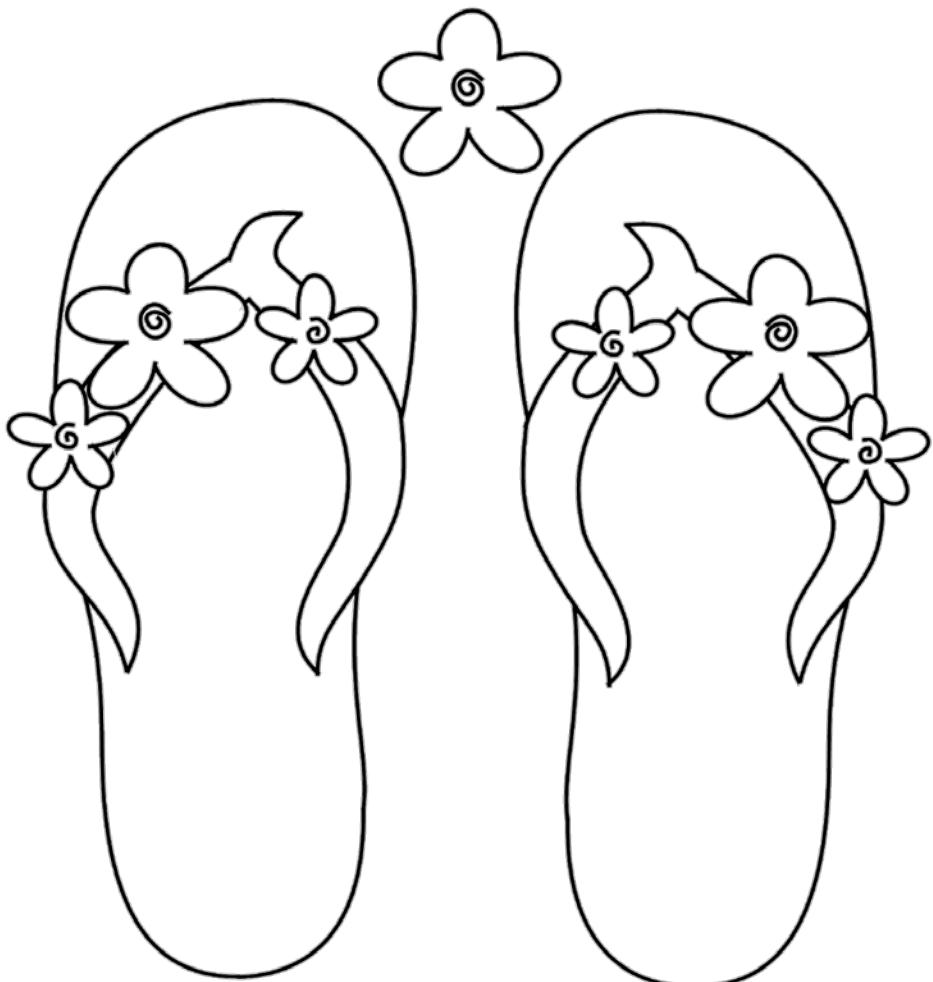
Pick stitches from your memory or from your book of stitches.

Use lots of colours, add flower shaped buttons, use beads for the flower centres, make them striped or polka-dot or add butterflies. Paint them using the techniques on pages 6 and 7.

Have fun and be sure to send me a photo!!!

A big apology

- Did you send me photos, or thoughts or riddles or answers that you don't see in this newsletter?
- The Embroiderers' Association emails were all lost because of changes to our email accounts.
- If you did send me something, please resend it to me at youth@eac-acb.ca. and I will include it in the Fall newsletter.

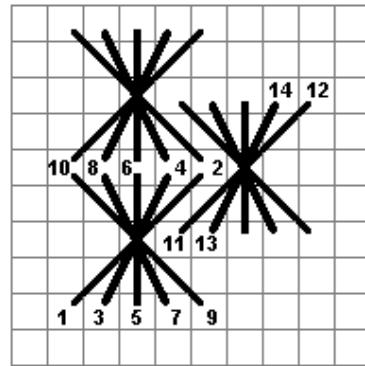
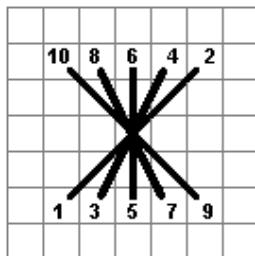


TRY A NEW STITCH

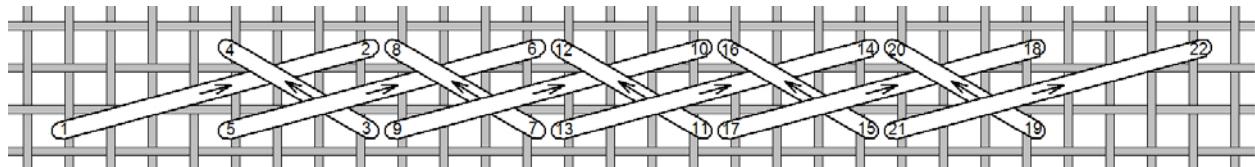
The Wheat (or Wheat Sheaf) Stitch, the Long Legged Cross Stitch, the Algerian Eyelet and the Herringbone stitch are four you will discover in the Fall issue of Embroiderers' Magazine.

The 28 thread count Lugana even-weave fabric and floss included with your newsletter is you to stitch the sampler if you wish. If you want to do the design in a different colour, you can choose any 6-strand embroidery floss from your thread stash. You will also need several buttons gathered from various sources - a button jar, removed from old clothing, bought special. You can decide when you see pattern.

Practice on your Doodle cloth (uncounted) or on a scrap piece of Aida cloth or canvas (counted). Practice helps you learn the rhythm of the stitches.

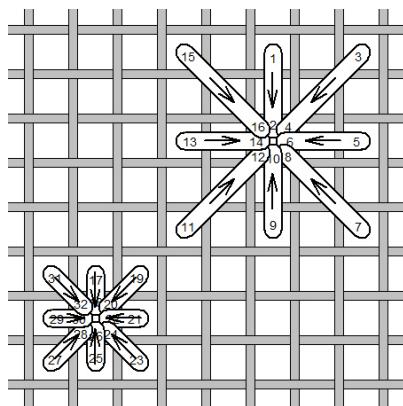


Wheat Sheaf stitch



Long Legged Cross Stitch

Algerian Eyelets



Congratulations to Ceilidh of Tangled Threads on completing the Silk Ribbon Embroidery Correspondence course.

She has received her certificate from her counsellor, Helen McCrindle, who is a long-time member of the Embroiderers' Association and a wonderful stitcher. She tells me Ceilidh did a great job.



Ceilidh, there is a new thread in your envelope for you to try. The heart is the design she completed for the course and the bag is her own design, made as a gift for her grandmother. Lucky grandmother

Colour Wheel Scissor Fob

Fold or measure your fabric to find the centre.

Stitch the central black square.

Carefully count and stitch each colour section.

As you finish a thread, be sure to anchor it firmly by turning your stitching over and running the end of the thread under 5 or 6 stitches before cutting it.

When you finish, tie the ribbon into a loop with a small neat knot and place it against the back of your colour wheel.

Use a glue stick or liquid white glue to glue the felt backing firmly to the back of your finished stitching, making sure

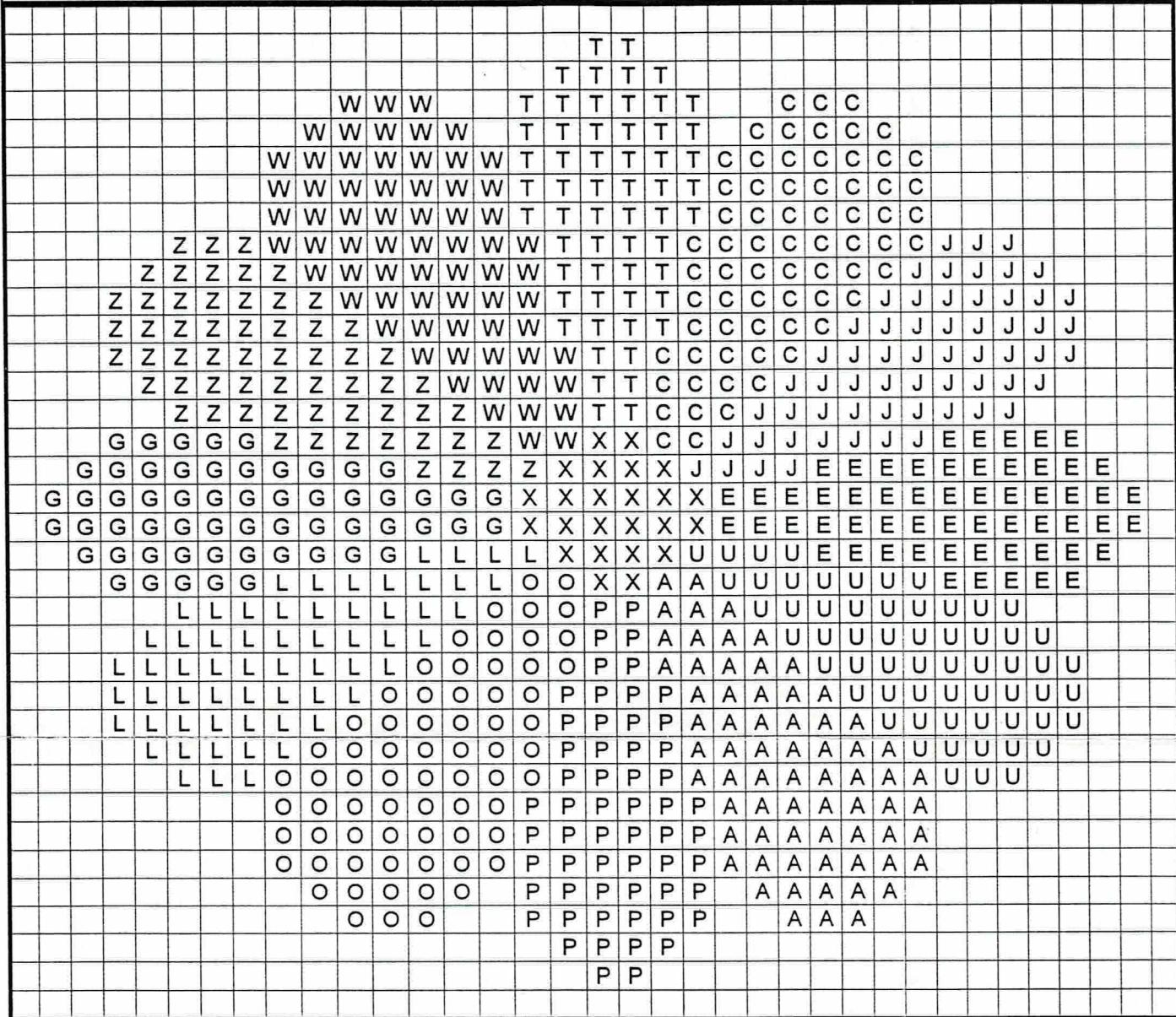
the loop is securely glued. You can also sew a few small stitches to anchor the loop before glueing.

Using sharp scissors, trim around your fob, either in a square, a circle or follow the shape to make a "flower".

Attach the fob to your scissors by putting the loop through one of the finger holes, then putting the fob through the loop.



COLOUR WHEEL SCISSOR FOB



	DMC	Colour
X	310	Black
T	907	Yellow green
C	702	Green
J	943	Blue green
E	825	Blue
U	333	Blue violet
A	553	Violet
P	718	Red violet
O	666	Red
L	608	Red orange
G	740	Orange
Z	742	Yellow orange
W	307	Yellow

May be reproduced for
EAC Guild members.

Stitch using 2 strands of floss on Aida cloth

A.J. 97

Adding Color to Embroidery Designs

It's as easy as coloring with crayons or painting with a brush, done before you embroider.

Fabric Paint

Any fabric paint would work. I like Ready-Tex Fabric Paint

Iron freezer paper to fabric back.

Transfer design

Shake paint well and use a regular paint brush to test on a scrap of fabric first.

Color lightly first then go over again darkening and hiding any uneven coloring.

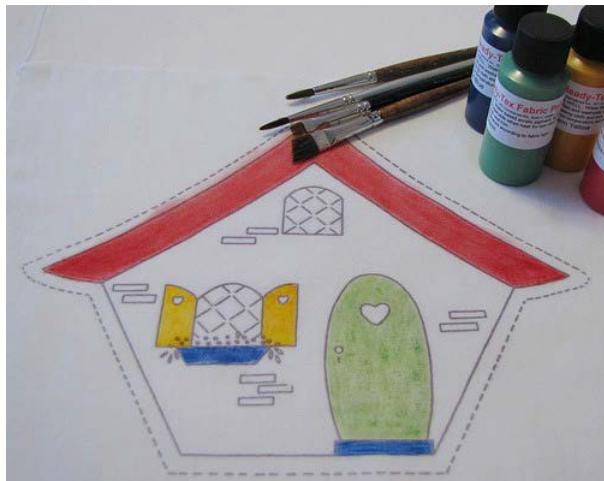
Allow paint to dry before painting another color.

When paint is dry, embroider using two or three strands of floss in a darker shade than the paint.

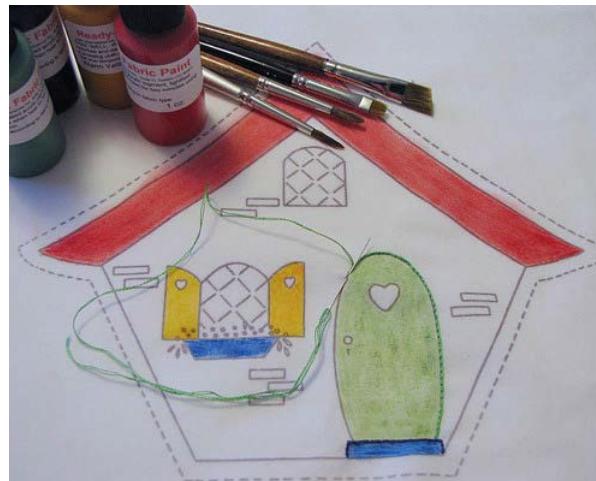
Follow instructions for paint if it needs to be heat set. Ready-Tex is heat set for four minutes, using a cloth or paper towel on top.

For a bold color use paint full strength, some colors may feel stiff; you can mix with water for a softer feel.

For soft color, looks like crayon, wipe off excess paint on a scrap of fabric or paper towel before painting.



Paint



Stitch



Heat set if needed

Color Crayon Method

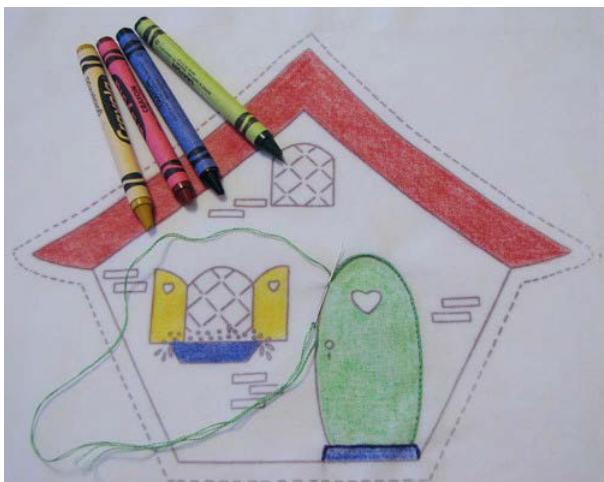
Color does tend to lighten after washing

Iron freezer paper to the back side of the fabric.

Transfer your embroidery design to the front.

Color the design with regular color crayons, First color lightly then go over again darkening and hiding any uneven coloring.

When finished remove the freezer paper and embroider using two or three strands of floss in a darker shade than the coloring. When embroidery is done, lay face down on the shiny side of the freezer paper and iron the back side, for about 30 seconds (this sets the wax onto the fabric).



Color



Stitch



Heat set

This information is courtesy of a website called Yesterday's Charm.

If you want to see some of her designs and ideas you can visit <https://www.yesterdayscharm.com/>

She has lots of fun designs and ideas.

Remember that this is copyrighted material and if you want to share it, give your friend the website, don't photocopy the information.



Do You Know Your DMC Floss?

Match the DMC Floss Number with the Colour

DMC Floss Number	Colour Name	Answer
351	Pumpkin*	971 * sample question & answer
310	Lemon	
321	Avocado	
469	Topaz	
3865	Baby Blue	
740	Coral	
725	Black	
3687	Brown	
3755	Plum	
336	Cranberry	
603	Turquoise	
307	Terra Cotta	
597	Navy	
3830	Christmas Red	
971*	Christmas Green	
700	Pewter	
921	Baby Pink	
898	Mauve	
915	Tangerine	
818	Winter White	
413	Copper	

National Coloring Book Day is celebrated annually on August 2nd.

Did you know that colouring books are a great source of design ideas for embroidery. Use the picture as your design and colour it with threads and stitches.

For example, does the picture have tropical fish with grasses? Use sparkly threads and sequins to make the fish flash in the sunshine and experiment with fly stitches and different kinds of threads to make the grasses.

Is there a flower garden? Have fun experimenting with many thread textures and colours because flowers come in so many varieties. And don't worry if they don't look "real". It's your garden and your flowers.

Not everything in a design has to be embroidered. Adding different materials and items is called embellishing and can be a lot of fun. You can include bits of fabric for clothing, or a picnic blanket, or a flag. Add beads and buttons for flowers or sunken treasure or jewelry. Try metal rings, pieces of shell, tiny stones, and other things if it helps make your embroidery design look the way you want it to. Experiment and play and discover something that makes you excited and happy.

Riddle me this

I went to the doctor and said "I keep dreaming my eyes have changed colour". The doctor said "Don't worry, it's just a pigment of your imagination"

Name a colour without a letter "E" in its name

What's a cat's favourite colour?

What's orange and sounds like a parrot?



Answers from the Spring Issue

Three things that have eyes but cannot see?

A: needles, trees, potatoes. Did you think of others?

What has hands but doesn't clap? A: a clock

I have a thousand needles but I do not sew. What am I?

A: a porcupine or a pine tree.

The answer to the Colours puzzle - Violet

And to the March Madness puzzle - Green



Did you know you can use the clipart used in your newsletters to create your own embroidery? Trace them onto your fabric or just do a freehand version and embroider them how you choose.

Imagine the fireworks pictures stitched with sparkly threads and maybe a few beads to look like sparks.

Embroider the soccer player on a t-shirt or make a framable picture by embroidering someone's name underneath and use their favourite team's colours for the uniform and replace the team emblem with their team's emblem.



Riddle me this

What happened when a red ship crashed into a blue ship?

What happens when you throw a white hat into the Black Sea?

What's green and smells like blue paint?

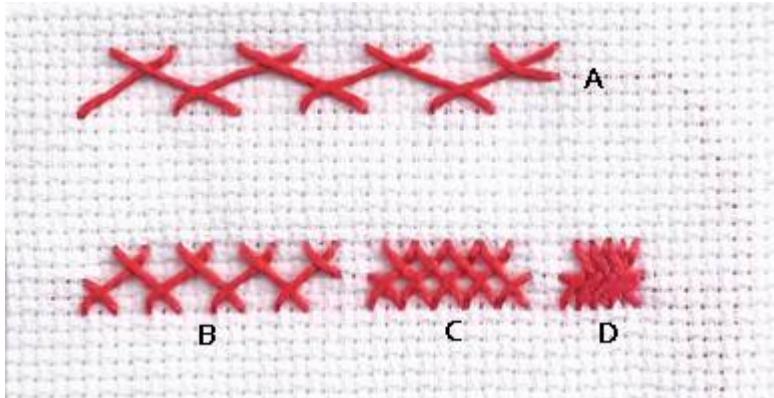
What do you do with a green monster?

Why are gold fish orange?

What did the green grape say to the purple grape?

LEARN A NEW STITCH

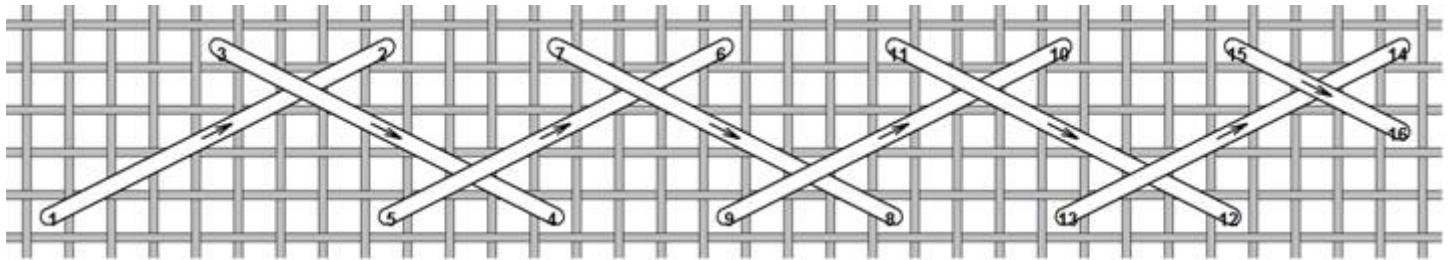
Herringbone Stitch



Herringbone Stitch can be used as a border or a filler.

Bring the needle up at 1 along an imaginary stitching line. Insert needle at 2, diagonally above 1 and bring the needle out at 3. Insert the needle at 4 and bring out at 5. Continue in this manner working from left to right.

To make it easier to follow a stitching line, baste in the top line where you want it and then baste in the second line. After working the Herringbone stitches, take out the basting threads.



The last stitch on the right that only goes halfway completes the Herringbone Stitch when used in a straight line (A). You can also do a half stitch at the beginning of the line.

The bottom three Herringbone stitches show what it looks like when the top and bottom stitches are closer together (B), with the top and bottom stitches touching (C) and with the top and bottom stitches overlapping (D).

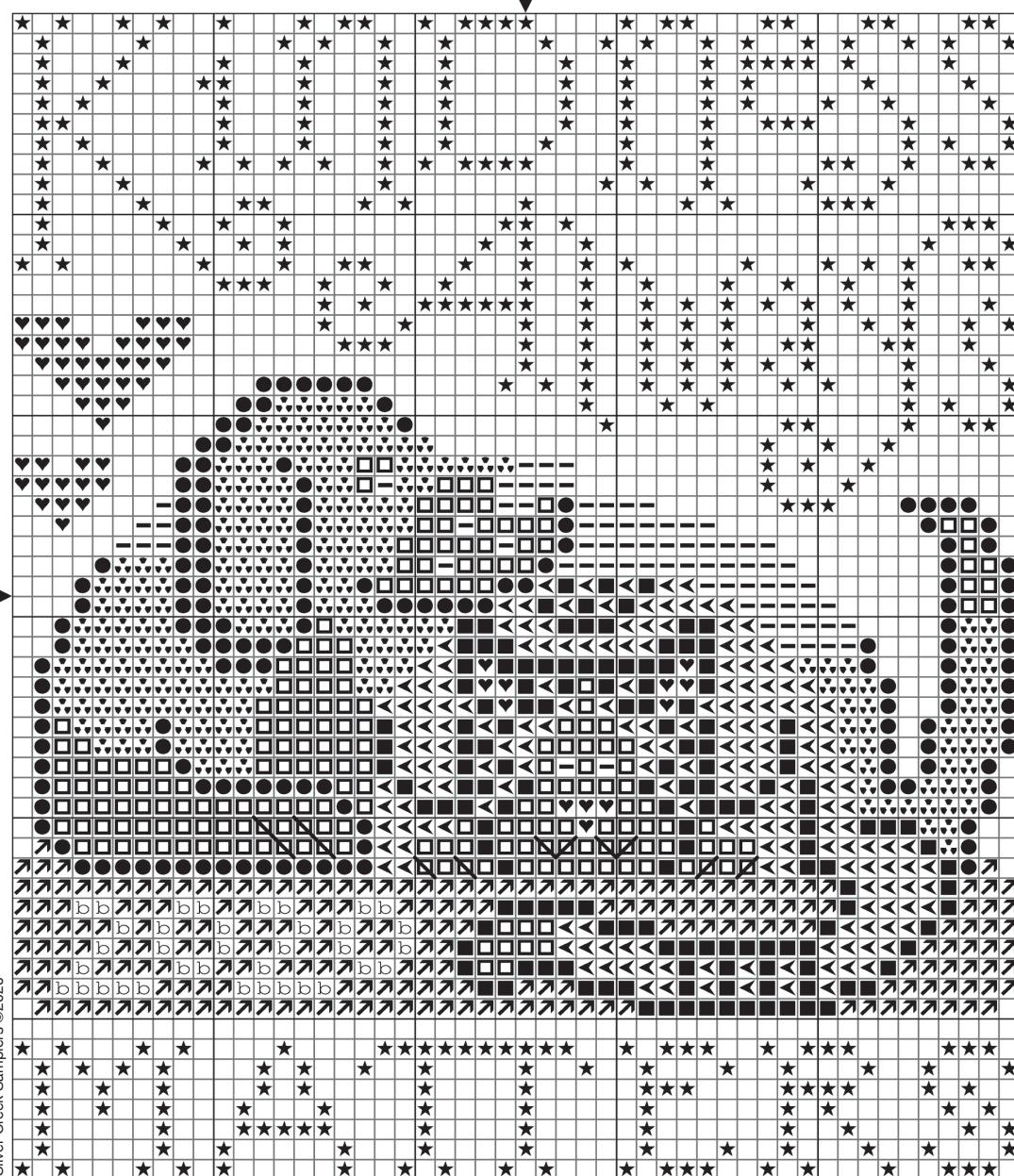
Shades of Blue

7 letters remaining: _____

P	E	A	C	O	C	K	L	C	C
E	A	Z	U	R	E	E	C	O	H
R	B	A	B	Y	E	I	B	R	E
I	M	F	N	T	T	A	E	N	S
W	I	F	S	F	L	R	I	F	I
I	N	R	L	T	I	R	I	L	O
N	E	E	E	H	A	N	A	O	U
K	D	A	P	M	D	Y	S	W	Q
L	L	P	A	I	O	V	K	E	R
E	A	U	G	R	E	A	Y	R	U
S	Q	O	C	Y	A	N	S	E	T
A	D	O	O	W	E	G	D	E	W

AQUAMARINE	PEACOCK
AZURE	PERIWINKLE
BABY	ROYAL
COBALT	SAPPHIRE
CORNFLOWER	SKY
CYAN	STEEL
DELFT	TEAL
DENIM	TURQUOISE
INDIGO	WEDGEWOOD
NAVY	ZAFFRE

“Kindness Always Matters”



Silver Creek Samplers ©2020

©2020 Diane Grick of Silver Creek Samplers
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★	DMC 355
♥	DMC 3779
●	DMC 433
▼	DMC 436
□	DMC 3865
-	DMC 310
◀	DMC 415
■	DMC 414
↗	DMC 3755
○	DMC 334

28 CT over 2.....3.57" x 4.14"
30 CT over 2.....3.33" x 3.86"
32 CT over 2.....3.12" x 3.62"
36 CT over 2.....2.77" x 3.22"
40 CT over 2.....2.50" x 2.90"

Membership Renewal Form

\$15 in Canada (\$20 international)

Note: local chapters may have extra fees to cover supplies and related materials

Make cheque out to "EAC" and send with this form to:

Elizabeth Fewer
468 Newfoundland Drive
St. John's, NL A1V 2C5

EAC MEMBERSHIP EXPIRY DATES

If you would like to continue receiving the newsletter, goodies, access to affordable correspondence courses, EAC exhibitions, Eleanor Thomas Youth Bursary, prizes, PLUS much more—please don't let your membership expire.

Fees Received in:

June, July, August
September, October, November
December, January, February
March, April, May

Expiry Date:

August 1st
November 1st
February 1st
May 1st

Name _____

Address _____

Phone () _____

Birth date _____

(mm/dd/yyyy)

Chapter _____

YE

Number _____

or

YN

Number _____

My Name _____

Correspondence Courses Application Form

Date: _____

I wish to take a Youth Embroiderers' Correspondence Course (check box). See pictures on page 11, or visit the Youth Pages under www.eac.ca to see the descriptions.

Membership # _____

Address _____

Phone () _____

I understand that I have **4 months** from the date of receipt of the course in which to complete it. I agree to complete the course to the best of my ability.

My Signature _____

Chapter Leader or Parent's
Signature _____

Send this form and fee (\$5 for each course) by cheque or money order payable to EAC.

Mail to: Elizabeth Fewer
468 Newfoundland Drive
St. John's, NL A1V 2C5