

# Youth Embroiderers' News

## Winter 2016



Embroiderers' Association of Canada, Inc.

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## Brain Teasers—from YEN Winter 2000

Here are a batch of brain teasers from Carolyn, in Peterborough from the Winter 2000 issue. Answers will be given in the next newsletter.

1. GROUND  
 feet  
 feet  
 feet  
 feet  
 feet  
 feet

2. IIIIIIIII  
 O O

3. MIND  
 MATTER

4. ECNALG

5. HE'S | HIMSELF

6. \_\_\_\_\_ PROGRAM  
 \_\_\_\_\_

7. DEATH | LIFE

8. YOU J U ME  
 S  
 T

9. T  
 O  
 U  
 C  
 H



CHAIR  
 10.

11. SPEED, SPEED, SPEED,  
 SPEED, SPEED, SPEED,  
 SPEED, SPEED, SPEED,  
 SPEED, CYCLE, CYCLE

## From the Editor

This issue has no French riddles. I have run out of them, so if you have any send them to me and receive a goody in the mail.

I apologize to Julia for not putting her pictures in the last issue. Her lovely letter got buried during Christmas and I just found it. Julia received some great prizes for her letter, bracelet, picture, riddle answer and joke, all located in this issue.

Also in this issue is Amelia's first project. It was displayed at the Island Stitchery Guild's member's show. Everyone was totally impressed with her work and you will be too when you

look at the picture.

Patterns included in this issue are:

- ✿ Star Lights designed by Kathryn Holicky for Kreinik Mfg. Co., Inc.
- ✿ Stitchers' Alphabet, P to T, designed by Brooke Nolan for Brooke's Books Publishing.

That's it for now, so enjoy and

Happy Stitching!

*Linda*

## Riddle Answers from the last issue

- Q. Why did the Archaeopteryx catch the worm?  
 A. Because it was an early bird!
- Q. Pourquoi le archaopteryx ne attraper le ver?  
 A. Parce qu'il était un lève'tôt!
- Q. Why did the dinosaur cross the road?  
 A. It was the chicken's day off!
- Q. Comment appelez-vous un dinosaure dormer?  
 A. Un dino-ronflement!
- Q. What does a triceratops sit on?  
 A. It's tricera-bottom!
- Q. Que fait un triceratops siègent?  
 A. Son tricera-bas!

## Embroidery Through the Ages

D	K	T	L	I	U	Q	Y	Z	A	R	C	C	M	U
K	R	O	W	N	I	L	R	E	B	Z	A	U	R	K
R	O	A	K	K	R	O	W	S	A	V	N	A	C	V
K	W	O	W	S	I	L	K	S	H	A	D	I	N	G
C	W	T	L	N	O	N	C	N	C	Q	K	R	M	R
I	O	L	N	L	T	E	D	I	A	K	E	E	L	A
L	D	S	Q	I	E	H	L	N	B	B	W	G	S	I
L	A	M	O	N	O	G	R	A	M	M	I	N	G	S
E	H	C	C	R	N	P	R	E	M	O	C	A	O	E
M	S	K	N	A	I	F	E	A	A	G	K	D	L	D
T	K	U	S	X	X	M	E	L	B	D	I	R	D	W
N	E	U	C	O	U	N	T	E	D	C	N	A	W	O
U	P	F	R	E	E	F	O	R	M	E	G	H	O	R
O	N	A	H	T	E	B	A	Z	I	L	E	Z	R	K
M	Y	Y	S	I	L	K	R	I	B	B	O	N	K	Z

Bargello	Elizabethan	Opus Anglicanum
Berlin Work	Free Form	Or Nue
Candlewicking	Goldwork	Raised Work
Canvaswork	Hardanger	Shadow Work
Counted	Monogramming	Silk Ribbon
Crazy Quilt	Mountmellick	Silk Shading
Drawn Thread	Needlepoint	

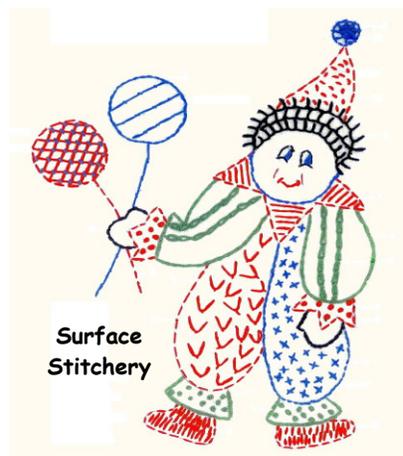
## Correspondence Courses

Ever thought about taking one of the Youth correspondence courses? They are made especially for Youth and are only \$5.00. That includes all the materials!

See page 13 for the application form.



Hardanger Study One



Surface Stitchery



Ribbon Embroidery

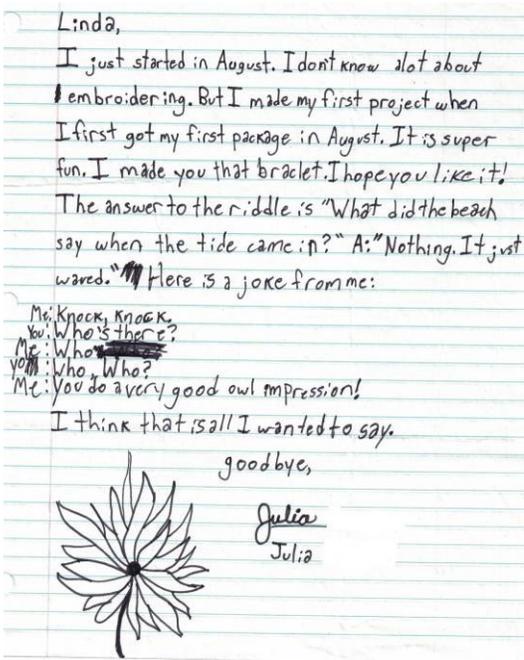


Counted Thread

## From our Members

I received this letter, picture and bracelet from Julia before Christmas and in the rush, it got put away and forgotten. Luckily, I found it and Julia received 5 goodies in the mail! She gets one for writing a letter, one for sending a picture of her first embroidery project, one for making me a bracelet, one for answering a riddle correctly and one for sending me a Knock, Knock joke which is included elsewhere in this newsletter.

Julia, Your first project is so cute. I love the piano and bench. Well done! I also loved the bracelet and the colours are really great. I will wear it proudly to Seminar 2016 and let every one know who made it! Keep up the good work!



## The Tangled Threads

I received this email from the leader of The Tangled Threads in Nanaimo, BC. I was also very impressed with Amelia's first stitching project and hope she continues her great work. Well done, Amelia!

The Island Stitchery Guild had its first day of our members show today and the Tangled Threads had a table.

Attached is a photo of the first project by Amelia of the Tangled Threads. That is right, the first stitching project. Amelia and her mom picked out the fabric trim and buttons. Amelia cross stitched the saying and we spent two meetings calculating, creating and cutting out the pattern pieces. Then a meeting where Amelia used my portable sewing machine to stitch the front together. Her mother helped her with the envelope back. Amelia hand stitched on the flower garland trim. We still have button stitch button loops for the back closure to discover.

The ISG members in attendance and I were very impressed at the skill Amelia has demonstrated in her first stitching project. I just had to share because it is truly a delight to assist Amelia with her stitching.

We also had a class of 20 Grade Nine sewing students attend the show with their teachers and we started them on a simple heart perforated embroidery project. We have been asked to assist the sewing class, so hopefully we'll have more eager youth turned on to stitching. Three youth did our flower perforated design after school.

We have another day tomorrow at the Nanaimo Vancouver Island North branch library, so hopefully, we will have more youth to inspire.



## *Oh Goody!*

2 of the 9-section plastic binder pages for samples

Needle Necessities Over-dyed floss in green and white.

Needle Necessities Over-dyed floss in Yellow and Orange.

4 squares of coloured Aida cloth



## *Is it time to renew?*

If this is your last issue, a notice will be on the front page of your newsletter. Send in your renewal of \$15 to continue your membership.

You will continue to receive the *Youth Embroiderers' News*, goodies, access to affordable correspondence courses, EAC exhibitions, Eleanor Thomas Youth Award, Leonida Leatherdale Library, prizes, PLUS much more - so, please don't let your membership expire.

See page 13 for the renewal form, if you want to use it. Otherwise, just send in your cheque or use a credit card on the EAC secure site.



**Don't drop your membership!**

## *Eleanor Thomas Youth Award*

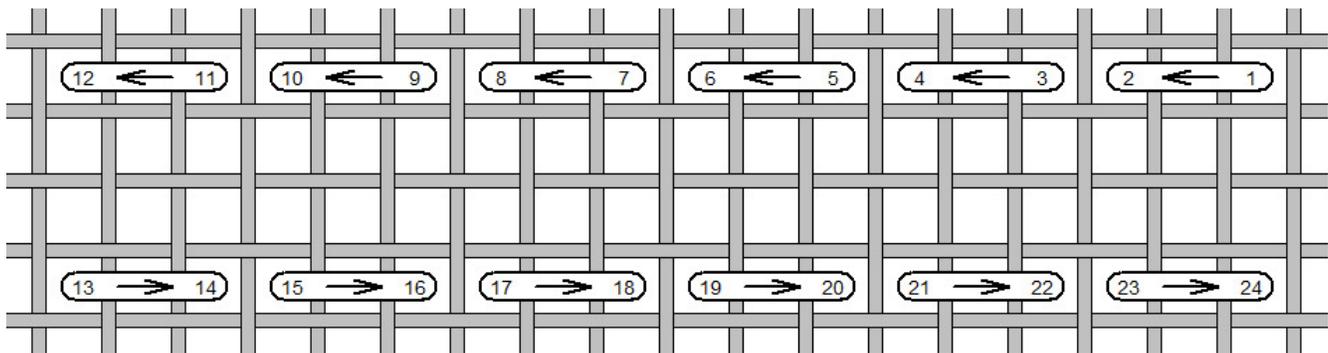
Is there a book you've had your eye on for your personal library? Don't know how to pay for it because it's expensive? It could be a project book with lots of great new projects to stitch or a book on how to work lots of different stitches. Here's how you can get that special book.

Apply for the Eleanor Thomas Youth Award by October 31, 2016. The forms are in the Youth Pages under Resources on the EAC website at [www.eac.ca](http://www.eac.ca). Just fill out the form for a book purchase and state how this book will help with your stitching. When completed, mail or email it to me, the Youth Appointee, at [youth@eac.ca](mailto:youth@eac.ca). Are there two books you'd like to have in your library? Fill out an application for each book.

Once you've been approved you can purchase your book. Then you just need to write a book review for the newsletter. Easy, isn't it?

## *Try a New Stitch...Running Stitch*

This stitch can be sewn or stabbed, whichever is easiest for you. Bring the needle up at 1, down at 2, up at 3, down at 4, and continue until design line is covered. The stitches should be equal in length. The stitches underneath the fabric should also be equal in length, but about half the size or less of the upper stitches. Running stitch can be whipped or laced with a matching or contrasting colour. Use a blunt needle when whipping or lacing and don't pierce the fabric. 13-24 are for left-handed stitchers.



Diagrams and directions © by Linda Brenner. Licensed to Embroiderers' Association of Canada, Inc.

## Star Lights



Designed by Kathryn Holicky using Kreinik silk and metallic threads

### Materials Needed:

- Kreinik Silk Mori® in 8000 Soft White
- Kreinik Very Fine #4 Braid™ in 002 Gold
- Kreinik Blending Filament™ in 002V Vintage Gold
- 5" square of Zweigart White 22-ct Hardanger fabric
- #24 Tapestry needle
- Optional: batting or pillow stuffing (small amount), Kreinik Custom Corder™ for making hanger, FrayCheck™ for treating fabric edges, white sewing thread for basting

### Prep:

1. Do not stitch this ornament in a wooden hoop because it can distort the fabric. You want the fabric to stay true to size for finishing as a pillow ornament. If you need a frame to hold the fabric as you stitch, use a Q-Snap frame.
2. Make sure your hands are clean before stitching with white silk on white fabric.

### Instructions:

1. Find the center of your 5" x 5" fabric piece where you will begin stitching. Stitch the design following the main chart and stitch directions. The design has 3 master charts. Step 1 shows silk stitches. Step 2 shows the #4 braid stitches with the previous worked silk stitches. Step 3 shows the filament stitches and all previous stitched areas faded. On all charts, come up on the odd number and down on the even number.
2. Use two strands of Silk Mori throughout. Use Blending Filament and #4 Braid as single ply threads, that is, just as they come off the spool.



### Finishing as a pillow ornament:

1. To make twisted cord: We recommend the Kreinik Custom Corder™ for the easiest way to make an ornament hanger. Check out videos on using the Corder at [www.kreinik.com](http://www.kreinik.com), and purchase a Corder through your local needlework store or [www.kreinikmall.com](http://www.kreinikmall.com). Follow the instructions that come with the tool to make your ornament hanger.

If you don't have a Custom Corder™: Cut a 36" length of gold Very Fine #4 Braid, extra silk thread, or any other fiber of your choice. Fold in half and tie a knot at each end. Hold an end in each hand, keep one end stationary and twist between your fingers with the other hand. Then take the center of the twist in your front teeth and slowly bring the two ends together forming a twisted cord. Then bring the two ends together again and tie a knot to complete the hanger.

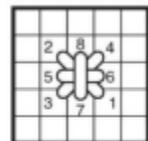
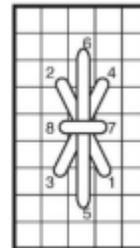
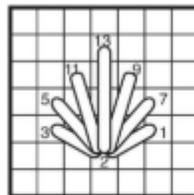
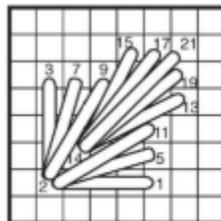
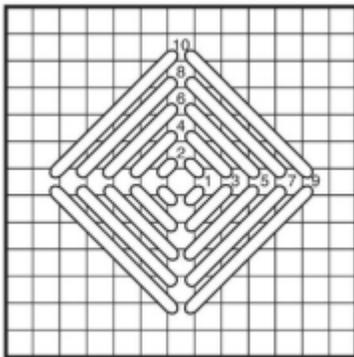
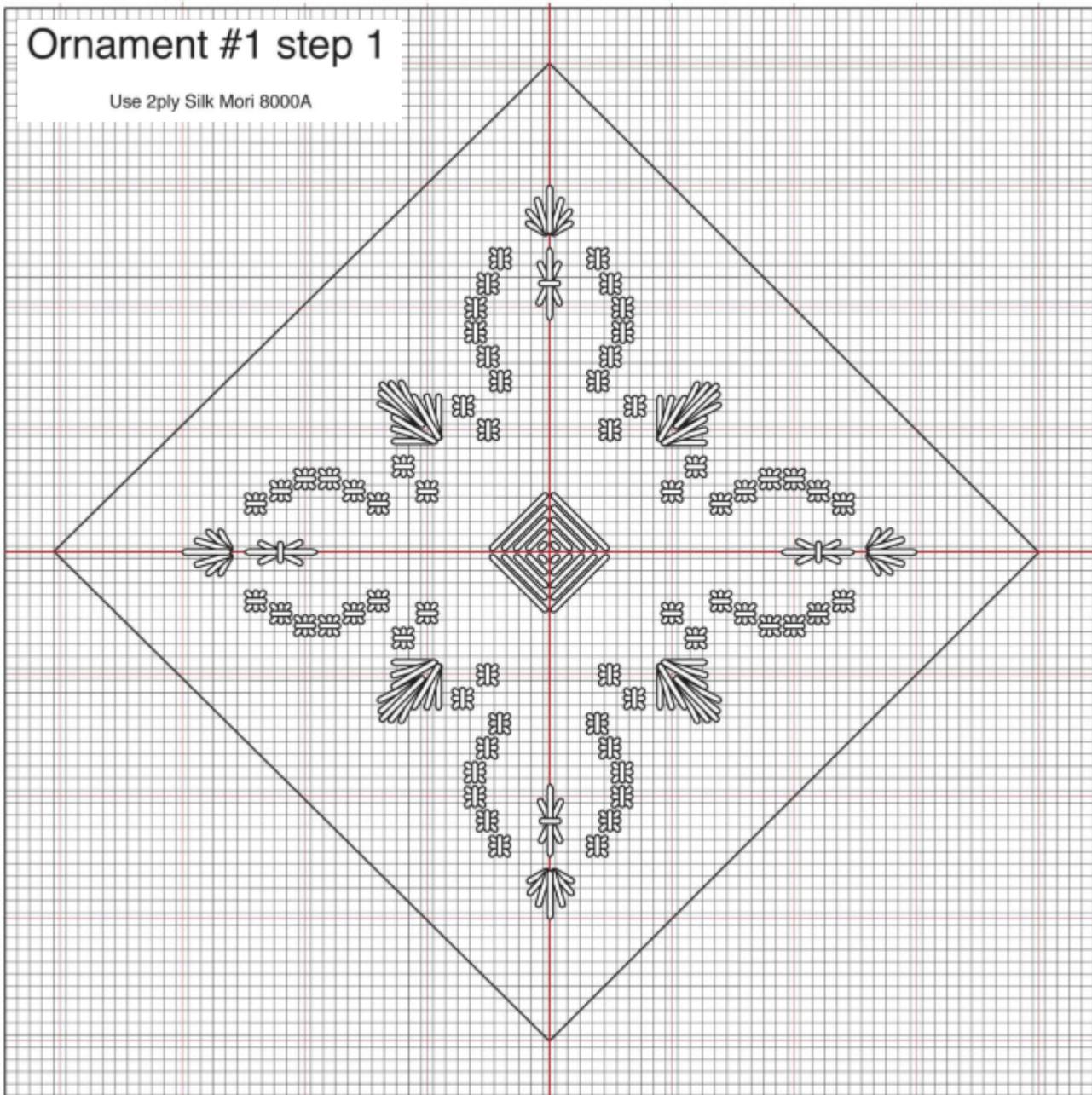
2. The long diagonal lines on the chart show the fold line. When you have completed stitching the design, count up 5 threads from the intersection of the diagonal lines and trim fabric. Do this on all 4 sides. Use FrayCheck™ on all raw edges and let dry. When dry, turn under 5 threads and baste all 4 edges using white sewing thread or extra white silk thread. Bring left and right point together and stitch closed. Bring each point together to form the pillow. You can stuff the pillow with batting, add more stuffing to make it fluffier, or leave it as a flat square. Be sure to insert the hanger at one of the corners. Remove basting threads and plump the four sides for added shape.



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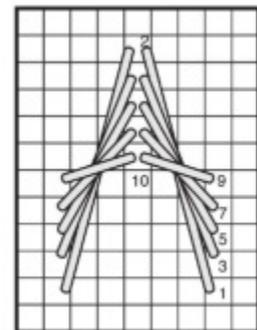
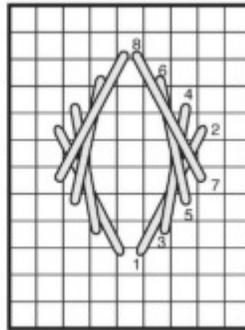
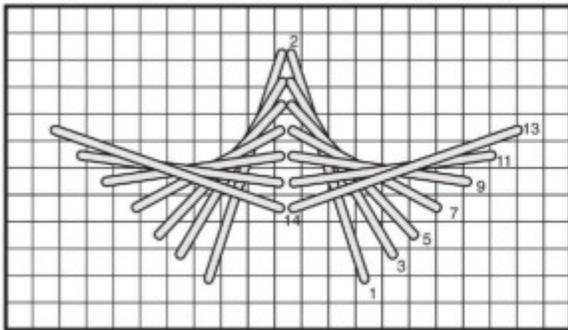
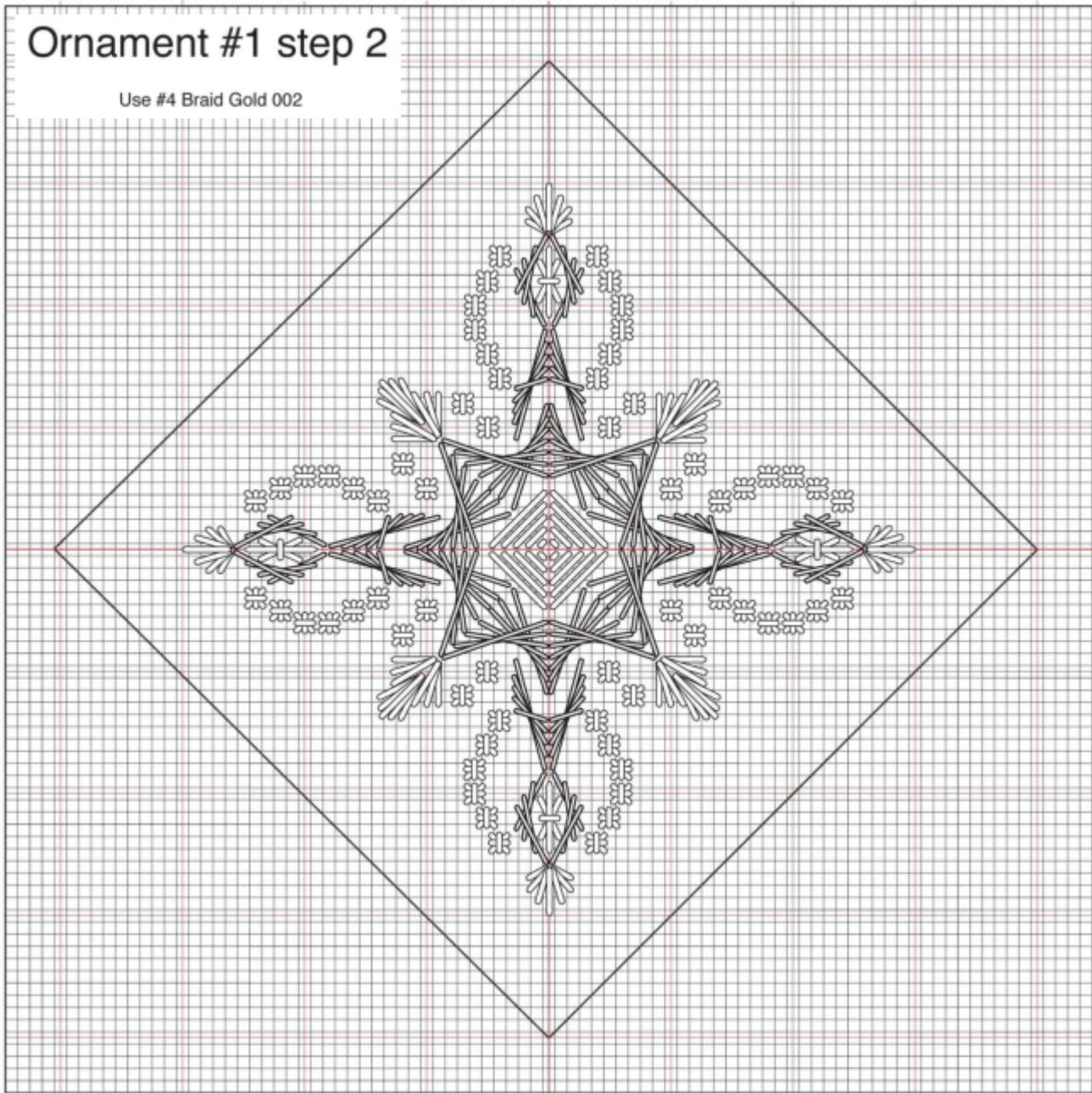
Kreinik Consumer Info: 1-800-537-2166, email [info@kreinik.com](mailto:info@kreinik.com), web site [www.kreinik.com](http://www.kreinik.com), blog [www.kreinikthread.blogspot.com](http://www.kreinikthread.blogspot.com). Connect with Kreinik on Facebook, Flickr, Twitter, and YouTube for educational info, videos, behind-the-scenes, calendar, free projects and more.

# Star Lights, continued...

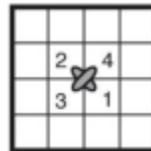
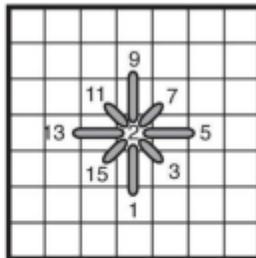
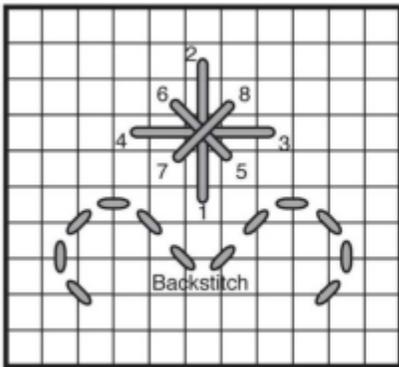
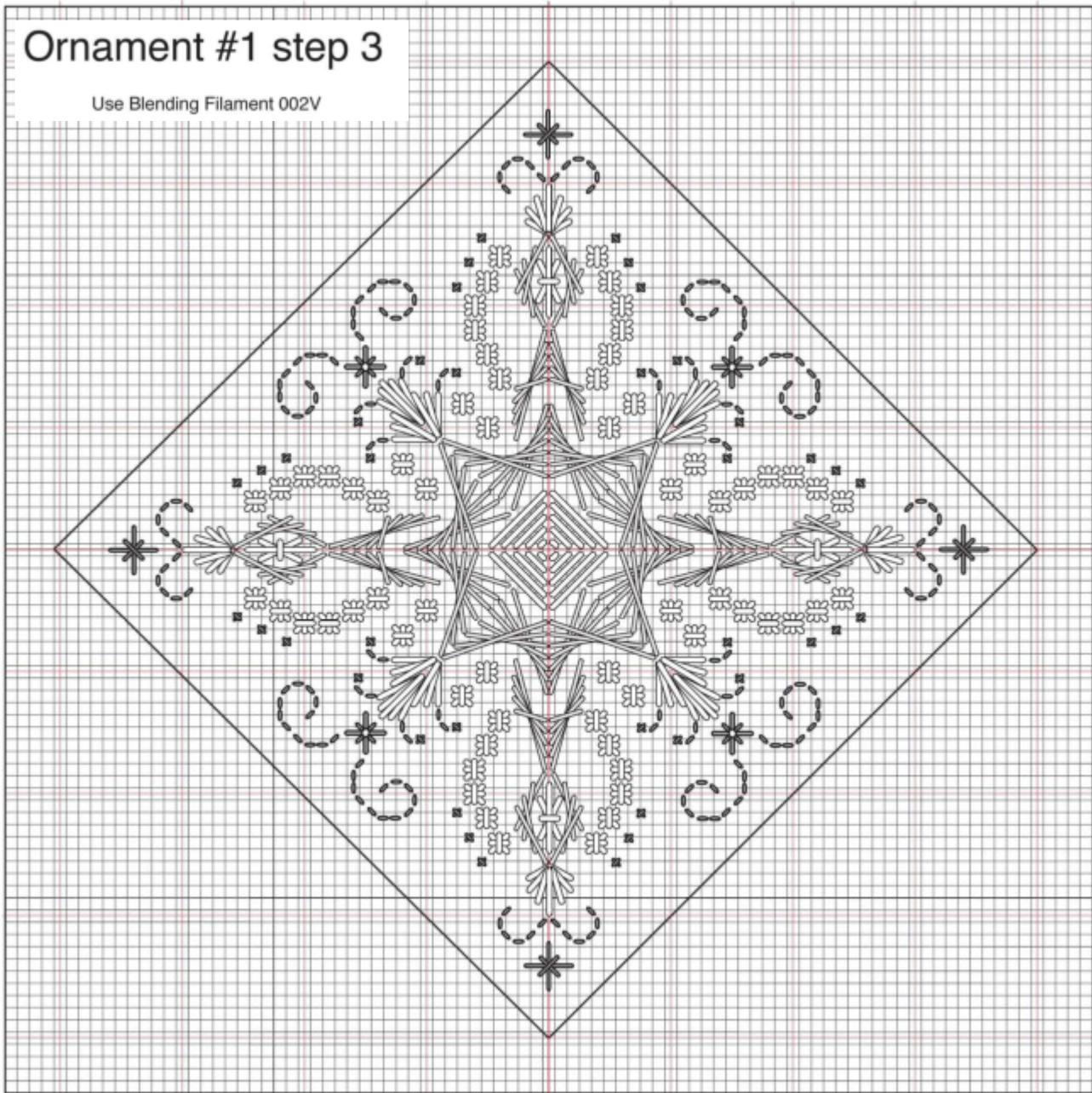


Kreinik Mfg. Co., Inc. has provided permission to use the free designs on the website in the Youth Embroiderers Newsletter.

*Star Lights, continued...*



*Star Lights, continued...*



WHAT DO YOU GET IF YOU  
CROSS A FROG AND A DOG?

# STITCHERS' Alphabet—P to T



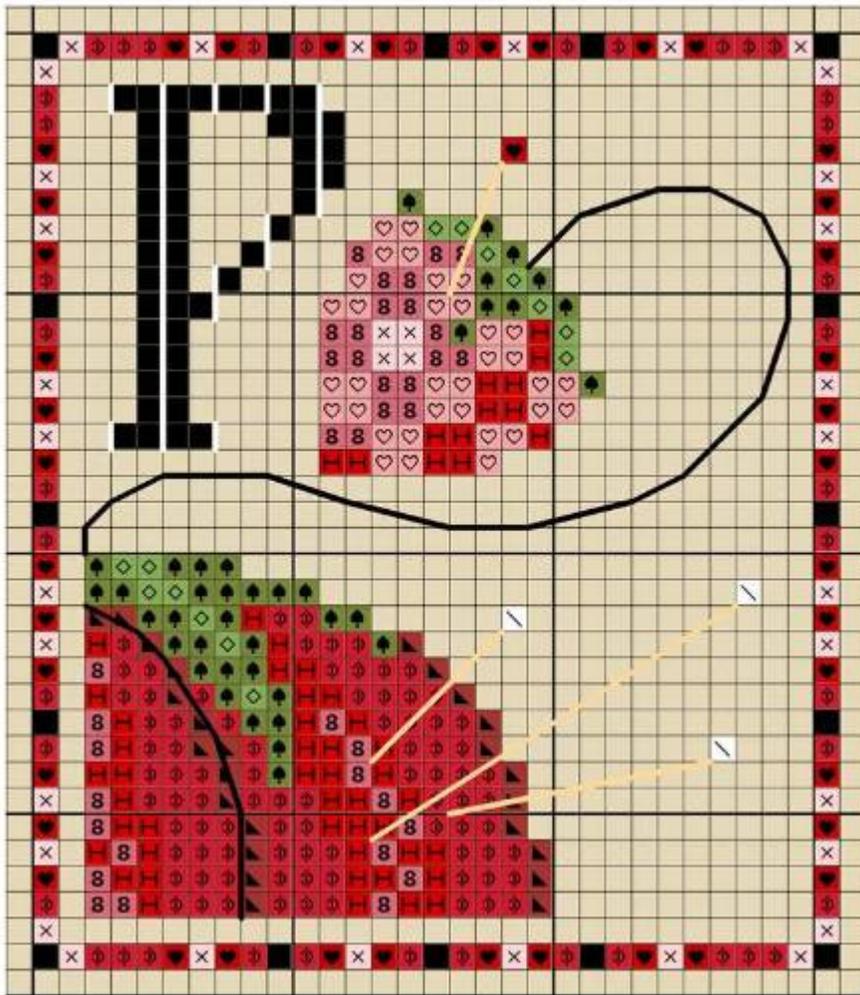
Letter Blocks are 31 x 36 stitches each.

From the Aran Sweater to the Zig Zag Stitch, the love of needlework is this alphabet's theme. Each letter block represents a unique stitching pleasure possessed by the hearts and hands of stitchers everywhere.

They can be stitched, beaded, and embellished as individual motifs or stitched together on your

## P IS FOR PIN CUSHION

Finished dimensions will vary depending on fabric count and



Symbol	DMC	Color
■	666	Bright Red
◊	321	Red
▲	355	Terra Cotta Dk
×	818	Baby Pink
♥	3326	Rose Lt
8	961	Dusty Rose Dk
◇	703	Chartreuse
♣	469	Avocado Green
■	310	Black

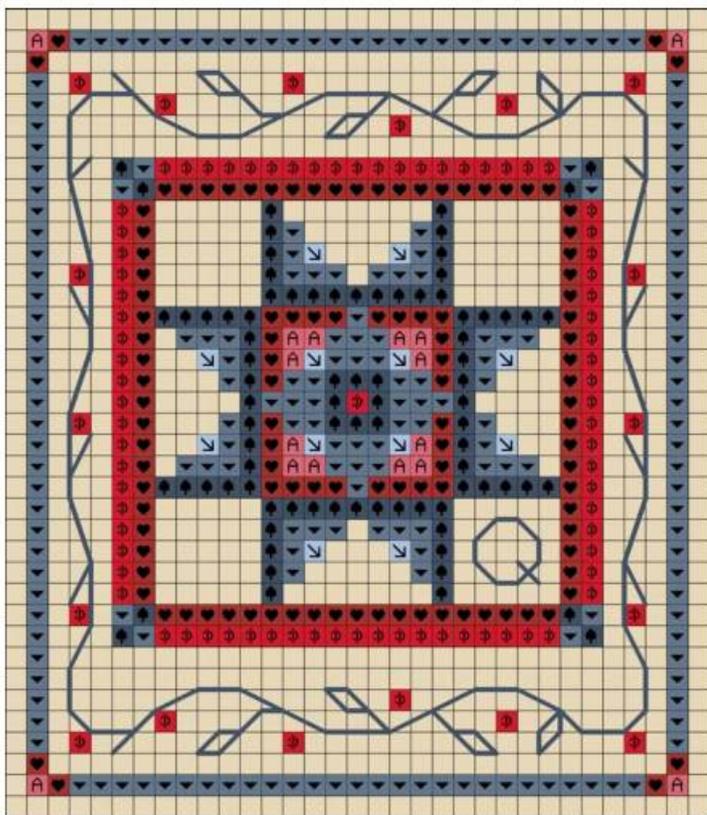
Symbol	Mill Hill	Color
◊	00479	White Pearl
♥	03049	Sparkling Ruby

IN WHICH MONTH DO MONKEYS PLAY BASEBALL?

**Cross Stitch & Bead:** If stitching on 14 to 18 count fabric, use 2 strands of floss to cross stitch and bead the motif. (To thread the beading needle, put 1 strand of floss through the eye and pull the end down so there are 2 working strands.)

**Back Stitch:** DMC 310 (2 plies) Seam on tomato - (1 ply) Line to attach strawberry - DMC 5200 (1 ply) Lines on the letter "P" - Kreinik 3280 (1 ply) Pins

# Q IS FOR QUILT



Symbol	DMC	Color
	961	Dusty Rose Dk
	321	Christmas Red
	355	Terra Cotta Dk
	800	Delft Blue
	931	Antique Blue
	930	Antique Blue Dk

Cross Stitch & Bead: If stitching on 14 to 18 count fabric, use 2 strands of floss to cross stitch and bead the motif. (To thread the beading needle, put 1 strand of floss through the eye and pull the end down so there are 2 working strands.)

Backstitch: DMC 931 Vines & Letter Q

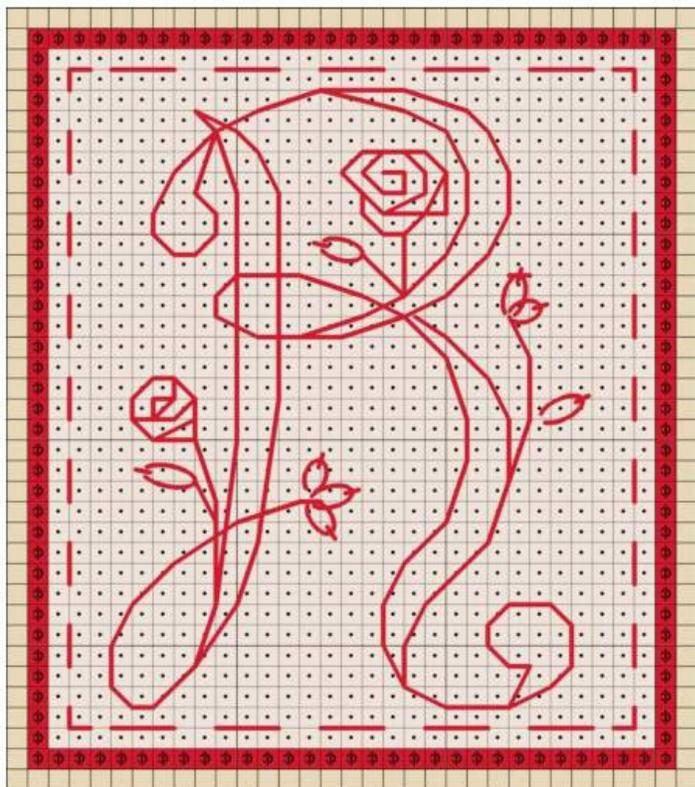
# R IS FOR RED WORK

**Symbol** **DMC** **Color**

	3866	Mocha Vy Lt
	321	Christmas Red

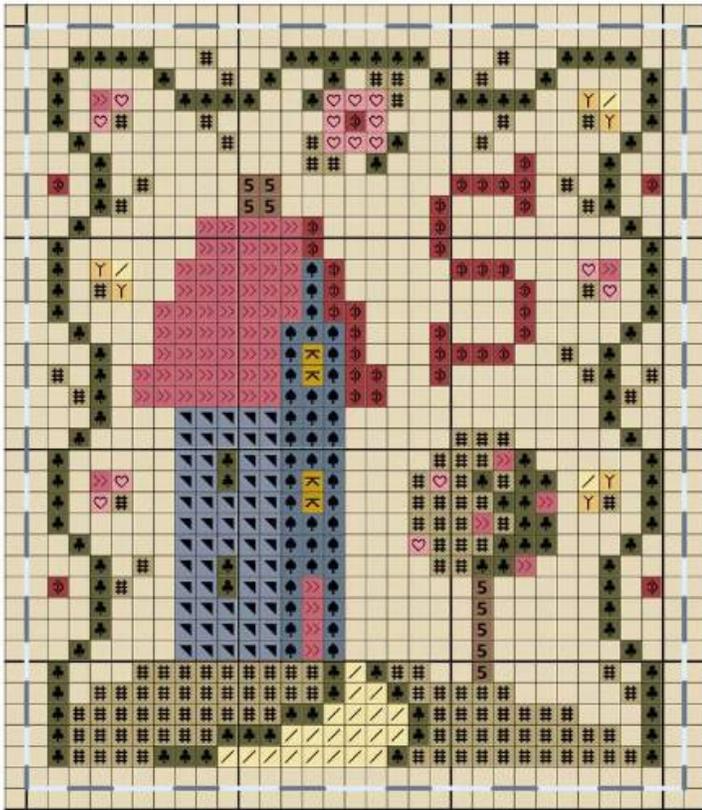
Cross Stitch & Bead: If stitching on 14 to 18 count fabric, use 2 strands of floss to cross stitch and bead the motif. (To thread the beading needle, put 1 strand of floss through the eye and pull the end down so there are 2 working strands.)

Backstitch: DMC 321 Letter R



KNOCK, KNOCK  
WHO'S THERE?  
WHO.  
WHO WHO?  
YOU DO A VERY GOOD OWL IMPRESSION!

# S IS FOR SAMPLER



Symbol	DMC	Color
⊕	3721	Shell Pink Dk
>>	223	Shell Pink Lt
♥	224	shell Pink Vy Lt
♠	931	Antique Blue Md
♣	932	Antique Blue Lt
♣	3051	Green Gray Dk
##	372	Mustard Lt
Y	676	Old Gold Lt
X	729	Old Gold Md
/	677	Old Gold Vy Lt
5	3862	Mocha Beige Dk

**Cross Stitch:** If stitching over 1 thread on 14 to 18 count fabric or over 2 threads on 28 count fabric, use 2 plies of floss.

**Back Stitch** border with 2 plies DMC 3753 & 931.

IF YOU DROP A YELLOW HAT IN THE RED SEA,  
WHAT WILL IT BECOME?

# T IS FOR TATTING (& THIMBLE)

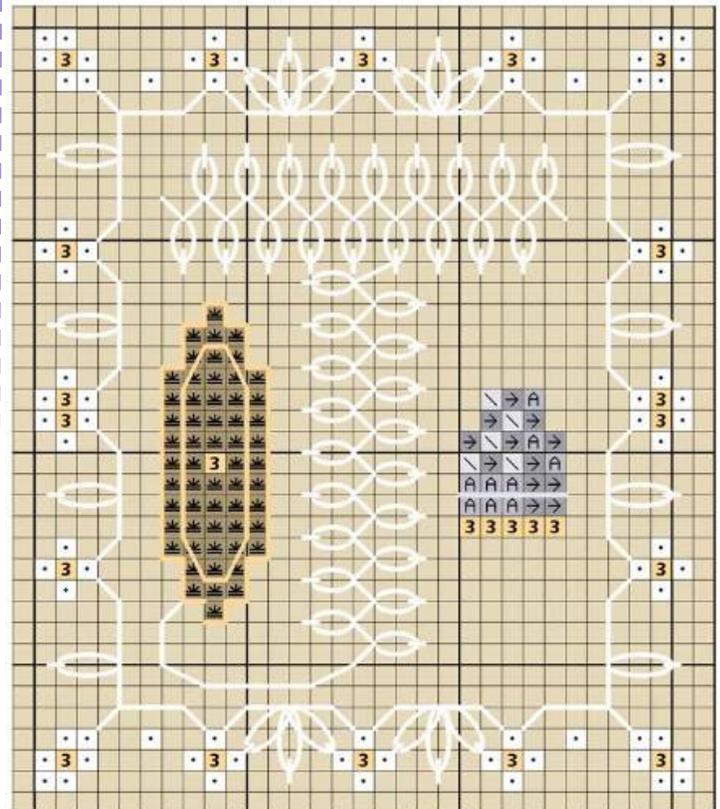
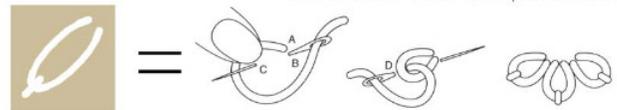
Symbol	DMC	Color
•	5200	Snow White
↘	762	Pearl Gray Vy Lt
A	415	Pearl Gray
→	318	Steel Gray Lt
✱	612	Drab Brown Md

Kreink	Color
3	3280 Citrine

**Cross Stitch:** If stitching over 1 thread on 14 to 18 count fabric or over 2 threads on 28 count fabric, use 2 plies of floss and 1 strand of Kreinik #8 Fine Metallic Braid to cross stitch the motif.

**Back Stitch & Lazy Daisy Stitch** with DMC 5200. When back stitching and lazy daisy stitching the "T", use 4 plies of floss. When back stitching and lazy daisy stitching the border use 2 plies of floss. **Back stitch** the shuttle with 1 strand Kreinik 3289 #8 Fine Metallic Braid.

**Back stitch** the thimble with 2 plies DMC 762.



## Membership Renewal Form

\$15 in Canada (\$20 international)

Make cheque out to "EAC" and send with this form to:

Linda Brenner  
Youth Embroiderers' Appointee  
Unit 3—7600 Gilbert Road  
Richmond, BC V7C 3W2

### EAC MEMBERSHIP EXPIRY DATES

If you would like to continue receiving the newsletter, goodies, access to affordable correspondence courses, EAC exhibitions, Eleanor Thomas Youth Award, prizes, PLUS much more—please don't let your membership expire.

#### Fees Received in:

June, July, August  
September, October, November  
December, January, February  
March, April, May

#### Expiry Date:

August 1<sup>st</sup>  
November 1<sup>st</sup>  
February 1<sup>st</sup>  
May 1<sup>st</sup>

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone (     ) \_\_\_\_\_

Birth date \_\_\_\_\_

(mm/dd/yyyy)

Chapter \_\_\_\_\_

YE  
Number \_\_\_\_\_

## Correspondence Courses Application Form

Date: \_\_\_\_\_

I wish to take a Youth Embroiderers' Correspondence Course (check box). See pictures on page 3, or visit the Youth Pages under [www.eac.ca](http://www.eac.ca) to see the descriptions.

- SURFACE STITCHERY  
 RIBBON EMBROIDERY  
 COUNTED CROSS STITCH  
 HARDANGER STUDY ONE

Send this form and fee (\$5 for each course) by cheque or money order payable to EAC.

Mail to:

Linda Brenner  
Youth Embroiderers' Appointee  
Unit 3, 7600 Gilbert Road  
Richmond, BC V7C 3W2

My Name \_\_\_\_\_

Membership # \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone (     ) \_\_\_\_\_

I understand that I have **4 months** from the date of receipt of the course in which to complete it. I agree to complete the course to the best of my ability.

My Signature \_\_\_\_\_

Chapter Leader or  
Parent's Signature \_\_\_\_\_



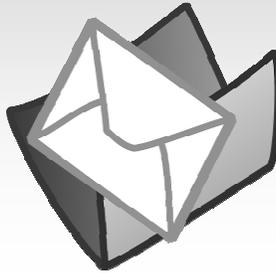
**YOUTH EMBROIDERERS' NEWS**  
 IS A PUBLICATION OF THE  
**EMBROIDERERS' ASSOCIATION OF CANADA, INC.**  
 2016



**FURTHERING THE INTEREST AND  
 DEVELOPING SKILLS IN THE ART  
 OF EMBROIDERY AMONG THE  
 YOUTH OF CANADA**

LINDA BRENNER  
 YOUTH EMBROIDERERS  
 UNIT 3, 7600 GILBERT ROAD  
 RICHMOND, BC V7C 3W2  
 PHONE: 604-272-3024  
 E-MAIL: YOUTH@EAC.CA

*When sending an email to me, be sure to put EAC or Youth Embroiderers in the subject line. Otherwise, I may not recognize the email address and could delete your email by mistake. You can send pictures as attachments to an email if you like or send them by regular mail and I will scan and return them to you.*



I GIVE MILK AND HAVE A HORN BUT I'M NOT A COW. WHO AM I?

**VISIT THE EAC YOUTH WEBPAGES,  
 GO TO WWW.EAC.CA; CLICK ON  
 YOUTH AND YOUTH PAGES**



**ANSWER A RIDDLE, WRITE A LETTER,  
 SEND A PICTURE OF YOUR STITCHED EMBROIDERY,  
 SOLVE A PUZZLE, SEND AN E-MAIL,  
 SEND A JOKE, SEND A DRAWING,  
 SEND ANYTHING!  
 I'LL SEND YOU A GOODY! TRY IT! IT WORKS!!**

I ALWAYS RUN BUT NEVER WALK, OFTEN MURMUR BUT NEVER TALK, HAVE A BED BUT NEVER SLEEP, HAVE A MOUTH BUT NEVER EAT. WHO AM I?